

PERFORMANCE

Processor

AMD Ryzen™ 7 7735U (8C / 16T, 2.7 / 4.75GHz, 4MB L2 / 16MB L3)

Graphics

Integrated AMD Radeon™ 680M Graphics

Chipset

AMD SoC Platform

Memory

16GB Soldered LPDDR5-6400

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Max Memory

16GB soldered memory, not upgradable

Storage

1TB SSD M.2 2242 PCIe® 4.0x4 NVMe®

Storage Support⁽¹⁾

One drive, up to 1TB M.2 2242 SSD

Storage Slot

One M.2 2242 PCIe 4.0 x4 slot

Card Reader

microSD Card Reader

Optical

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers

Stereo speakers, 2W x2, optimized with Dolby® Atmos®, Smart Amplifier (AMP)

Camera

FHD 1080p + IR with Privacy Shutter

Microphone

2x, Array

Battery⁽²⁾

Integrated 71Wh

Power Adapter

65W USB-C® (3-pin)

DESIGN

Display

14" 2.8K (2880x1800) OLED 400nits Glossy, 100% DCI-P3, 90Hz, DisplayHDR™ True Black 500, Dolby Vision™, Eyesafe®, TÜV Low Blue Light, Glass, Touch

Touchscreen

OGM, 10-point Multi-touch

Color Calibration

None

Keyboard

Backlit, English (EU)

Case Color

Storm Grey

Surface Treatment

Aluminium Stamping (Anodized with Sandblasting)

Case Material

Aluminium (Top), Aluminium (Bottom)

Pen

Pen Upgradable (Purchase Separately)

Dimensions (WxDxH)⁽³⁾

317.87 x 222.50 x 16.49mm (12.51 x 8.76 x 0.65 inches)

SOFTWARE

Operating System

Windows® 11 Home, Benelux (EN/FR/DE/NL)

Bundled Software

Office Trial

CONNECTIVITY

Ethernet

No Onboard Ethernet

WLAN + Bluetooth®⁽⁴⁾⁽⁵⁾

Wi-Fi® 6E, 11ax 2x2 + BT5.1

WWAN

None

NFC

None

Standard Ports

- 1x USB 3.2 Gen 1 (Always On)
- 1x USB-C 3.2 Gen 2 (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4)
- 1x USB4® 40Gbps (support data transfer, Power Delivery 3.0 and DisplayPort 1.4)
- 1x HDMI® 1.4b
- 1x microSD card reader
- 1x Headphone / microphone combo jack (3.5mm)

Monitor Cable

None

SECURITY & PRIVACY

Security Chip

Firmware TPM 2.0

Fingerprint Reader

None

Other Security

- Camera privacy shutter
- IR camera for Windows® Hello

MANAGEABILITY

SERVICE

Base Warranty

2-year, Courier or Carry-in

Included Upgrade

CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

ACCESSORIES

Bundled Accessories

None

CERTIFICATIONS

Green Certifications⁽⁶⁾

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6
- ErP Lot 26
- RoHS compliant

Other Certifications

- Eyesafe® Certified 2.0
- TÜV Rheinland® Low Blue Light (Hardware Solution)

Mil-Spec Test

MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2023-04-02
EAN / UPC / JAN	: 197529844632	End of Support	: 2029-04-27



To see more note information, please link to https://psref.lenovo.com/Detail/Yoga_7_14ARP8?M=82YM0056MH.

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 · Product image on this page is a sample, it may not match the real color of this model
 · Battery life is an estimated maximum. Actual battery life may vary based on many factors, including screen brightness, active applications, features, power management settings, battery age and conditioning, and other customer preferences

Premium Care - Advanced Support from Real People. Real Fast.



REAL PERSON

Choose how you want to reach us - through the phone, chat or email - our expert technicians will take care of you.



REAL FAST

Highly trained technicians will provide you real-time solutions, whatever the issue, on your first contact. If needed, our team will schedule an onsite visit for the next business day.



HASSLE FREE

'Getting started' and 'how-to' assistance for hardware and software. Easy solutions that are simple to reach - that's how Premium Care delivers you the ideal support experience.



PC HEALTH CHECK

Free annual PC Health Check that allows our experts to spot issues before you do so they can resolve them quickly and help you avoid PC problems.

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty – Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades – Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

40AF0135US

The ThinkPad Hybrid USB-C with USB-A Dock expands the capabilities of most any laptop, new or old, making it perfect for enterprise customers with mixed-PC or shared-desk environments. Featuring enterprise-class manag...



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

For a full list of accessories and services, please visit:
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PSREF
Product Specifications
Reference