

PERFORMANCE

Processor

Intel® Core™ Ultra 5 125H, 14C (4P + 8E + 2LPE) / 18T, Max Turbo up to 4.5GHz, 18MB

AI PC Category^[1]

AI PC

NPU

Integrated Intel® AI Boost, up to 11 TOPS

Graphics

Integrated Intel® Arc™ Graphics

Chipset

Intel® SoC Platform

Memory

16GB Soldered LPDDR5x-7467

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Max Memory

16GB soldered memory, not upgradable

Storage

512GB SSD M.2 2280 PCIe® 4.0x4 NVMe®

Max Storage Support^{[2][3]}

Models with integrated graphics and IPS display: up to two drives, 2x M.2 SSD

- M.2 2280 SSD up to 1TB each

Storage Slot

Models with integrated graphics and IPS display: Two M.2 2280 PCIe® 4.0 x4 slots

Card Reader

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers

4 stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Amplifier (AMP)

Camera

FHD 1080p + IR with E-shutter

Microphone

4x, Array

Battery^[4]

73Wh

Power Adapter

100W USB-C® Slim (3-pin)

DESIGN

Display^[5]

14.5" 3K (3072x1920) IPS 400nits Glossy / Anti-fingerprint, 100% P3, 100% sRGB, 120Hz, Eyesafe®, Dolby Vision®, Glass, Touch, TCON

Touchscreen

OGS, 10-point Multi-touch

Color Calibration

TCON Color Calibration

Keyboard

Backlit, French

Touchpad

Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)

Case Color

Tidal Teal

Surface Treatment

Aluminium Stamping (Anodized with Sandblasting)

Case Material

Aluminium (Top), Aluminium (Bottom)

Pen

Pen Not Supported

Dimensions (WxDxH)^[6]

325.5 x 226.49 x 16.6 mm (12.81 x 8.92 x 0.65 inches)

Weight^[7]

Starting at 1.59 kg (3.50 lbs)

SOFTWARE

Operating System

Windows® 11 Home, French

Bundled Software

Office Trial

CONNECTIVITY

WLAN + Bluetooth^[8]

Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN

Non-WWAN

Ethernet

No Onboard Ethernet

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)

Docking

Various docking solutions are supported via Thunderbolt™ or USB-C®.

For more compatible docking solutions, please visit [Docking for Yoga® Pro 7 14IMH9](#)

SECURITY & PRIVACY

Security Chip

Firmware TPM 2.0

Fingerprint Reader

None

Other Security

- E-shutter
- IR camera for Windows® Hello (facial recognition)

SERVICE

Base Warranty

2-year, Courier or Carry-in

Included Upgrade

CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

ACCESSORIES

Bundled Accessories

None

CERTIFICATIONS

Green Certifications^[9]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant

Other Certifications

- Eyesafe® Certified 2.0
- Intel® Evo™ Platform
- TÜV Rheinland® Low Blue Light (Hardware Solution)

Mil-Spec Test

MIL-STD-810H military test passed (21 test items)

MODEL

TopSeller	: No	Announce Date	: 2024-09-12
EAN / UPC / JAN	: 198155446931	End of Support	: 2030-01-25

Note:

^[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.

^[2] The storage capacity supported is based on the test results with current Lenovo storage offerings.

^[3] The system supports dual SSD via two M.2 slots, but Lenovo offers only one SSD configuration with a second slot for user self-expansion.

^[4] Rapid Charge Express is only effective in hibernates or.....

• Lenovo reserves the right to change specifications without notice.

To see more note information, please access the [web page](#).

Premium Care - Advanced Support from Real People. Real Fast.



REAL PERSON

Choose how you want to reach us - through the phone, chat or email - our expert technicians will take care of you.



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Highly trained technicians will provide you real-time solutions, whatever the issue, on your first contact. If needed, our team will schedule an onsite visit for the next business day.



HASSLE FREE

'Getting started' and 'how-to' assistance for hardware and software. Easy solutions that are simple to reach - that's how Premium Care delivers you the ideal support experience.



PC HEALTH CHECK

Free annual PC Health Check that allows our experts to spot issues before you do so they can resolve them quickly and help you avoid PC problems.

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty – Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades – Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Technician Installed Customer
- Onsite Support
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



Lenovo Professional Wireless Combo Keyboard & Mouse (US English)

4X30H56796

This sleek and stylish full-size keyboard and mouse combo offers exceptional quality in a modern wireless solution. The slim 3-zone keyboard with number pad has responsive quiet keys and a premium typing experience. O...



ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

40AF0135US

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

Please click [here](#) to view the full list of accessories.

Lenovo

PSREF
Product Specifications
Reference