

PERFORMANCE

Processor

Intel® Core™ Ultra 5 125H, 14C (4P + 8E + 2LPE) / 18T, Max Turbo up to 4.5GHz, 18MB

AI PC Category

AI PC

NPU

Integrated Intel® AI Boost, up to 11 TOPS

Graphics

Integrated Intel® Arc™ Graphics

Chipset

Intel® SoC Platform

Memory

32GB Soldered LPDDR5x-7467

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Max Memory

32GB soldered memory, not upgradable

Storage

1TB SSD M.2 2280 PCIe® 4.0x4 NVMe®

Storage Support^[1]

Models with integrated graphics and IPS display: up to two drives, 2x M.2 SSD

- M.2 2280 SSD up to 1TB

Storage Slot

Models with integrated graphics and IPS display: Two M.2 2280 PCIe® 4.0 x4 slots

Card Reader

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers

4 stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Amplifier (AMP)

Camera

FHD 1080p + IR with E-shutter

Microphone

4x, Array

Battery^[2]

Integrated 73Wh

Power Adapter

100W USB-C® Slim (3-pin)

DESIGN

Display

14.5" 3K (3072x1920) IPS 400nits Glossy / Anti-fingerprint, 100% P3, 100% sRGB, 120Hz, Eyesafe®, Dolby Vision®, Glass, Touch, TCON

Touchscreen

OGS, 10-point Multi-touch

Color Calibration

Factory Color Calibration

Keyboard

Backlit, French

Touchpad

Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)

Case Color

Tidal Teal

Surface Treatment

Aluminium Stamping (Anodized with Sandblasting)

Case Material

Aluminium (Top), Aluminium (Bottom)

Pen

Pen Not Supported

Dimensions (WxDxH)^[3]

325.5 x 226.49 x 16.6 mm (12.81 x 8.92 x 0.65 inches)

Weight^[4]

Starting at 1.59 kg (3.50 lbs)

SOFTWARE

Operating System

Windows® 11 Home, French

Bundled Software

Office Trial

CONNECTIVITY

Ethernet

No Onboard Ethernet

WLAN + Bluetooth^[5]

Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN

Non-WWAN

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)

Docking

Various docking solutions are supported via Thunderbolt™ / USB-C®.

For more compatible docking solutions, please visit [Docking for Yoga® Pro 7 14IMH9](#)

SECURITY & PRIVACY

Security Chip

Firmware TPM 2.0

Fingerprint Reader

None

Other Security

- IR camera for Windows® Hello (facial recognition)
- E-shutter

SERVICE

Base Warranty

2-year, Courier or Carry-in

Included Upgrade

CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

ACCESSORIES

Bundled Accessories^[6]

None

CERTIFICATIONS

Green Certifications^[7]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6
- ErP Lot 26
- RoHS compliant

Other Certifications

- Intel® Evo™ Platform
- Eyesafe® Certified 2.0
- TÜV Rheinland® Low Blue Light (Hardware Solution)

Mil-Spec Test

MIL-STD-810H military test passed (21 test items)

MODEL

TopSeller : No **Announce Date** : 2024-09-12

EAN / UPC / JAN : 198155447044 **End of Support** : 2030-01-25

Note:

^[1] The storage capacity supported is based on the test results with current Lenovo storage offerings.

^[2] Rapid Charge Express is only effective in hibernates or fully shutting down the computer.

^[3] The system dimensions may vary depending on configurations.

^[4] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

^[5] Wi-Fi 6E full features might be limited by country-level.....

• Lenovo reserves the right to change specifications without notice.

To see more note information, please link to

<https://psref.lenovo.com/Detail/2379?M=83E200CMFR>

Premium Care - Advanced Support from Real People. Real Fast.



REAL PERSON

Choose how you want to reach us - through the phone, chat or email - our expert technicians will take care of you.



REAL FAST

Highly trained technicians will provide you real-time solutions, whatever the issue, on your first contact. If needed, our team will schedule an onsite visit for the next business day.



HASSLE FREE

'Getting started' and 'how-to' assistance for hardware and software. Easy solutions that are simple to reach - that's how Premium Care delivers you the ideal support experience.



PC HEALTH CHECK

Free annual PC Health Check that allows our experts to spot issues before you do so they can resolve them quickly and help you avoid PC problems.

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty – Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades – Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Technician Installed Customer
- Onsite Support
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



Lenovo Professional Wireless Combo Keyboard & Mouse (US English)

4X30H56796

This sleek and stylish full-size keyboard and mouse combo offers exceptional quality in a modern wireless solution. The slim 3-zone keyboard with number pad has responsive quiet keys and a premium typing experience. O...



ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

40AF0135US

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>



PSREF
Product Specifications
Reference