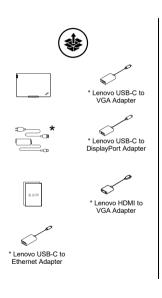
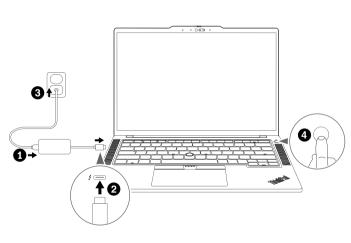
# ThinkPad T14s Gen 6

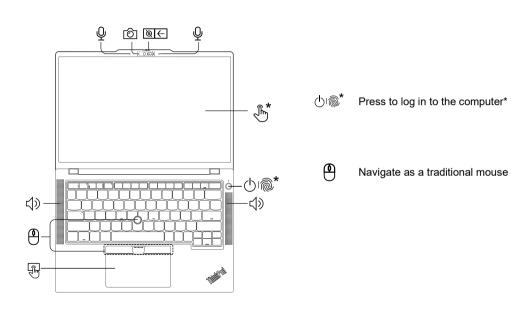


## **Get started**



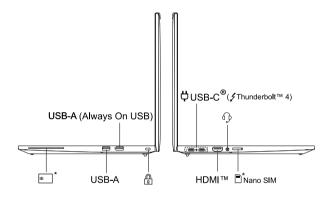


## Overview



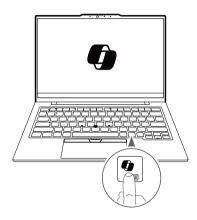
### Overview

Overview | Overview | Overview | Overview



Read the statement on USB transfer rate in the User Guide. To access the User Guide, refer to methods mentioned on the back cover.

## Copilot<sup>1</sup> in Windows

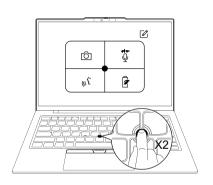


Access Copilot in Windows for Al-powered assistance.

<sup>&</sup>lt;sup>1</sup> This function might not be available in your country or region.

### **TrackPoint Quick Menu**

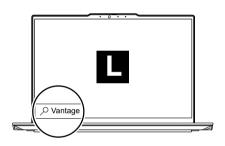
Launch TrackPoint Quick Menu by double tapping² for quick configuration of some device settings.



<sup>2</sup> It can be set to single tapping.

## **Lenovo Commercial Vantage\***

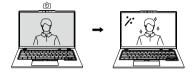
Access Commercial Vantage to adjust device settings and check for system updates.



## Lenovo View\*

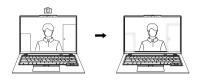


Video Enhancer



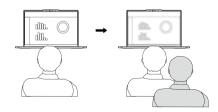


Background Removal\*



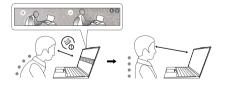


Privacy Guard





Posture Warning



#### [English]

### Specific absorption rate (SAR)

YOUR DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES.

10g SAR limit: 2 W/kg (body-worn SAR); 4 W/kg (limb SAR)

Maximum SAR with 0 mm separation distance: 1.230 W/kg (body-worn SAR); 3.072 W/kg (limb SAR)

For more information about SAR, refer to the Safety and Warranty Guide that came with your device.

# European Union (EU) / United Kingdom (UK) — radio frequency and power

This radio equipment operates with the following frequency bands and maximum radiofrequency power:

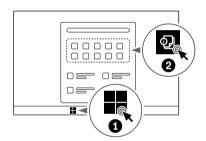
Technology	Frequency [MHz] / band	Maximum transmit power
WLAN 802.11b/g/n/ax/be Bluetooth BR/EDR/LE	2400 - 2483.5	< 20 dBm
WLAN 802.11a/n/ac/ax/be	5150 - 5350; 5470 - 5725	< 23 dBm
WLAN 802.11a/n/ac/ax/be	5725 - 5875	< 13.98 dBm
WLAN 802.11ax/be	5945 - 6425	< 23 dBm
WWAN UMTS	1/8	< 25 dBm
WWAN LTE	1/3/7/8/20/28/34/38/40/41/42/43	< 25 dBm
WWAN LTE HPUE	41	< 27 dBm
WWAN 5G NR	1/3/7/8/20/28/38/40/41/77/78	< 25 dBm
WWAN 5G NR HPUE	41/77/78	< 28 dBm

Note: Not all wireless bands may be enabled depending on your product configuration. Usage of this device is limited to indoor locations in the bands 5150 - 5350 MHz and 5945 - 6425 MHz. PN: xxxxxxxxxx Printed in China

#### Access User Guide

Access User Guide | Access









First Edition (October 2024)

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