

HP OmniBook 5 Flip 14-fp0007na

Versatile, powerful PC with all you need to get things done

HP OmniBook 5 14", a 2-in-1 laptop, comes with a 360-degree hinge that adapts to how you want to use it, wherever you are. Powered by an Intel® Core™ Processor¹ and packed with ports and premium speakers, it has everything you need to get things done.



*Product image may differ from actual product



Your pick -- flat, folded, or flipped

Pick the perfect position to work and create with this versatile 360° flip design and HP Rechargeable Pen.



Performance in a compact package

Built for the performance you need with a fast charge battery, Intel® Core™ Processor¹, and large storage.



Enhanced audio-visual experiences

Elevate your presence with premium speakers for clear sound and a high-quality camera for vibrancy and focus.

Sustainability in action

Built for a better tomorrow

HP OmniBook 5 14 is designed using recycled materials² and post-consumer recycled plastics³.

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Featuring

Get a fresh perspective

From a rejuvenated Start menu, to new ways to connect to your favorite people, news, games, and content—Windows 11 is the place to think, express, and create in a natural way.⁴

Intel® Core™ Processors

Delivering performance, stunning graphics, and more reliable connectivity, Intel® Core™ processors power real world computing you can count on. Have confidence that your PC will keep up with you, no matter what you're doing or where you're going.⁵

Intel® Graphics

Enjoy vivid and immersive visuals in creative applications and gaming.⁶

16:10 aspect ratio

A 16:10 aspect ratio lets you see more of your content with less scrolling.

Micro Edge display

By squeezing a larger screen into a smaller frame, this ultra-thin, barely visible bezel revolutionizes your display's appearance with a beautifully efficient design.⁷

IPS Panel

No matter where you stand, this screen delivers clear, vivid images with 178-degree wide-viewing angles, so everyone can get a great view.

Flicker-free

Using DC Dimming technology that controls brightness by adjusting direct current rather than cycling the backlight, we can eliminate screen flickering for more comfortable viewing.⁸

EPEAT® Gold with Climate+

With EPEAT® Gold with Climate+, you're choosing a movement towards responsibility and climate action.⁹

ENERGY STAR® certified

Save energy and money with ENERGY STAR®, certified by the EPA so you will use less energy and save money where it counts most.¹⁰

Keyboard contains post-consumer recycled plastic

We're bringing a more thoughtful design to our keyboards by using post-consumer recycled plastic in the design.¹¹

Try PC Game Pass for free with your new HP device

Play hundreds of high-quality PC games with your new HP gaming device and 3 free months of PC Game Pass - including EA play. With new games added all the time, there's always something new to play.¹²

Effortlessly connected

Enjoy faster speeds, improved performance and greater capacity with Wi-Fi 6 and Bluetooth® 5.4 wireless card.¹³

Microphone Mute

Enjoy greater peace of mind and the convenience of a dedicated microphone mute button that you can easily activate and know it's on or off with an LED indicator light.

Camera Shutter

No more unsightly tape and tacky gum to hide your private moments. Ensure your privacy and security with a visible, physical shutter that turns off your PC's camera when not in use.

USB Type-C® Power + Display + 10Gbps signaling rate

Power your device or connect to an external display from just one USB-C® port with 10Gbps signaling rate. And it's reversible, so you never have to worry about plugging in upside down.¹⁴

Dual speakers

Pump up the volume to your favorite music, movie or game with dual-stereo speakers.

LPDDR5 RAM

Experience speedy and responsive performance with the power efficient LPDDR5 memory. Designed to support higher data rates with less latency, plus faster file transfers and application load.

Recommended accessories and services (not included)



HP 420 Programmable Bluetooth Mouse
7M1D3AA



HP 460 Multi-Device Bluetooth Keyboard
7N7B8AA



HP 100 Sanitizable Mouse Pad
8X594AA



3-year pickup and return
UM963E



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Specifications



Performance

Operating system

Windows 11 Home

Processor

Intel® Core™ 5 120U (up to 5.0 GHz with Intel® Turbo Boost Technology, 12 MB L3 cache, 10 cores, 12 threads)^{6,7}

Processor family: Intel® Core™ 5 processor

Chipset

Intel® integrated SoC

Memory

8 GB LPDDR5-5200 MT/s (onboard)

Transfer rates up to 5200 MT/s.

Storage

512 GB PCIe® Gen4 NVMe™ M.2 SSD

25 GB Dropbox storage for 12 months¹

Graphics

Integrated: Intel® Graphics;

Audio

Dual speakers; HP Audio Boost

Display

35.6 cm (14") diagonal, 2K (1920 x 1200), multitouch-enabled, IPS, edge-to-edge glass, micro-edge, 300 nits, 62.5% sRGB¹⁷

Screen-to-body ratio

89%¹⁸

Power

45 W USB Type-C® power adapter;

Battery type

4-cell, 68 Wh Li-ion polymer²³

Battery and Power

Up to 15 hours³;

Maximum battery life video playback

Up to 21 hours and 30 minutes¹⁰

Connectivity

Wireless connectivity

Realtek Wi-Fi 6 (2x2) and Bluetooth® 5.4 wireless card

Ports

1 USB Type-A 10Gbps signaling rate; 1 USB Type-A 5Gbps signaling rate; 1 HDMI-out 2.1; 2 USB Type-C® 10Gbps signaling rate (USB Power Delivery 3.1, DisplayPort™ 1.4a, HP Sleep and Charge)¹⁹

Webcam

HP True Vision 1080p FHD camera with temporal noise reduction and integrated dual array digital microphones

Sustainability

Ecolabels

EPEAT® Gold with Climate+²⁷

Energy star certified

ENERGY STAR® certified

Sustainable impact specifications

Ocean-bound plastic in bezel and speaker enclosure(s); Keyboard keycaps and scissors contain post-consumer recycled plastic^{39,41}

Design

Product color

Glacier silver

Sandblasted and paint finish

Software

HP apps

HP Support Assistant; HP Connection Optimizer; myHP

Software

1 month trial for new Microsoft 365 customers²⁴

Service & support

McAfee Online Protection 30-day trial; 1-month Adobe free trial offer; PC Game Pass 3-month trial^{2,25}

Additional information

Part Number

P/N: BG3K4EA #ABU

UPC/EAN code: 199251075728

Weight

1.62 kg;

Packed: 2.39 kg

Dimensions

31.3 x 21.99 x 1.84 cm;

Packed: 6.3 x 47.3 x 27.4 cm

Manufacturer Warranty

1 year (1/1/0) limited warranty includes 1 year of parts and labor. No on-site repair. Terms and conditions vary by country. Certain restrictions and exclusions apply.

Keyboard

Full-size, soft grey keyboard

HP Imagepad

Security management

Mic mute key; Camera privacy shutter; Trusted Platform Module (Firmware TPM) support

Sensors

Accelerometer; Gyroscope



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Footnotes

Messaging Footnotes

¹ Multi-core is designed to improve the performance of certain software products. Not all customers or software applications will necessarily benefit from the use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding, and/or naming is not a measurement of higher performance.

² Bezel and speaker enclosure(s) contain ocean-bound plastic. Percentage of ocean-bound plastic contained in each component varies by product.

³ Keyboard components contain post-consumer recycled plastic. Percentage of post-consumer recycled contained in each component varies by product.

⁴ Not all features are available in all editions or versions of Windows. Systems may require upgraded and/or separately purchased hardware, drivers, software or BIOS update to take full advantage of Windows functionality. Windows is automatically updated and enabled. High speed internet and Microsoft account required. ISP fees may apply and additional requirements may apply over time for updates. See <http://www.windows.com>.

⁵ Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering is not a measurement of higher performance.

⁶ For more complete information on configurations and workloads, visit www.intel.com/PerformanceIndex. Intel technologies may require enabled hardware, software or service activation. No product or component can be absolutely secure. Your costs and results may vary. © Intel Corporation. Intel, the Intel logo, and other Intel marks are trademarks of Intel Corporation or its subsidiaries. Other names and brands may be claimed as the property of others.

⁷ Display measured diagonally

⁸ The flicker-free capability eliminates screen flickering through integrating DC-dimming LED backlights.

⁹ EPEAT® Gold with Climate+ registered where applicable. EPEAT registration varies by country. See www.epeat.net for registration status by country.

¹⁰ ENERGY STAR and the ENERGY STAR logo are registered trademarks of the U.S. Environmental Protection Agency.

¹¹ Keyboard components contain post-consumer recycled plastic. Percentage of post consumer recycled contained in each component varies by product.

¹² Xbox Game Pass sold separately. Credit card required. Unless you cancel, you will be charged the then-current regular membership rate when the promotional period ends. Terms, exclusions, and streaming limits apply. Xbox Cloud Gaming (Beta): select devices and regions. After term, active membership required to play games and online multiplayer. Game catalog varies over time, region, and by device. DLC sold separately; if a game is removed from catalog or your membership ends, you will need to purchase the game separately to use your DLC. If you're already an Xbox Live Gold and/or Game Pass for Console/PC member, any days remaining in your membership(s) will be converted to Ultimate using a conversion ratio. Future code redemptions also subject to conversion ratio. All conversions to Ultimate are final. Details and system requirements at www.xbox.com/gamepass. Offer valid in all Xbox Game Pass markets excluding Russia. Digital Direct: Your digital content will be delivered directly to your device during set-up; no codes required. PC Game Pass: Subscription continues automatically at regular monthly price unless cancelled. Subject to xbox.com/subscriptionterms

¹³ Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs. Wi-Fi 6 is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 80MHz and higher channels. Wi-Fi 6 (802.11ax) is not supported in Belarus where Wi-Fi settings will be optimized to local regulatory requirements (802.11ac). Bluetooth® 5.4 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.4 will function as Bluetooth® 5.3 or lower. Bluetooth® is a trademark owned by its proprietor and used by HP Inc. under license.

¹⁴ Actual throughput may vary. USB Type-C® and USB-C® are trademarks of USB Implementers Forum. Display measured diagonally

Technical Specifications Footnotes

¹ 25 GB of free Dropbox storage for 12 months from date of registration. For complete details and terms of use, including cancellation policies, visit the Dropbox website at <https://www.dropbox.com/help/space/hp-promotion>. Internet service required and not included.

² Internet access required and not included. McAfee is pre-installed on your PC and an account is required for activation. Subscription renewal required after trial period. VPN feature is not available in India, China, Syria or North Korea. McAfee is not compatible with Windows 11 in S mode. You'll need to permanently switch out of S mode. There's no charge to switch out of S mode, but you won't be able to turn it back on.

³ MobileMark 25 Battery life will vary depending on various factors including product model, configuration, loaded applications, features, use, wireless functionality, and power management settings. The maximum capacity of the battery will naturally decrease with time and usage. See <https://bapco.com/products/mobilemark-25/> for additional details.

⁶ Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance.

⁷ Intel® Turbo Boost performance varies depending on hardware, software and overall system configuration. See <http://www.intel.com/technology/turboboost/> for more information.

¹⁰ Battery life tested by HP using continuous FHD video playback, 1080p (1920x1080) resolution, 150 nits brightness, system audio level at 17% as image default, player audio level at 100%, played full-screen from local storage, headphone attached or through speaker (if no audio jack port), wireless on but not connected. Actual battery life will vary depending on configuration and maximum capacity will naturally decrease with time and usage.

¹¹ Wi-Fi 6 is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 80MHz and higher channels.

¹² Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs.

¹⁷ All performance specifications represent the typical specifications provided by HP's component manufacturers; actual performance may vary either higher or lower.

¹⁸ Percent of active plus nonactive viewing area to active viewing area plus border. Measure with lid vertical to the desk.

¹⁹ For best results with HP Sleep and Charge, use a USB charging protocol standard cable or cable adapter with an external device.

²³ Actual battery Watt-hours (Wh) will vary from design capacity. Battery capacity will naturally decrease with shelf life, time, usage, environment, temperature, system configuration, loaded apps, features, power management settings and other factors.

²⁴ Must activate within 180 days of Windows activation.

²⁵ Offer available worldwide (excluding China and embargoed countries or other countries identified as restricted by applicable law or regulation) to new and existing subscribers who are 18+. Click on the Adobe icon in the start menu to redeem a 1-month free trial membership for select Adobe software. The software is tied to the device and is not transferrable. If you would like to sign up for an auto-renewing subscription, you can provide your payment method at sign-up. By adding a payment method, your subscription will automatically renew at the then current rate on your renewal date until you cancel. If you cancel before the end of the one-month free trial, you won't be charged. You can cancel your subscription anytime via your Adobe Account page or by contacting Customer Support. Please see current prices for Adobe products available in this offer. Offer not available to Education, OEM, or volume licensing customers. Subject to availability where the recipient resides. Additional terms and conditions may apply. VOID WHERE PROHIBITED OR RESTRICTED BY LAW.

²⁷ Based on U.S. EPEAT® registration according to IEEE 1680.1-2018 EPEAT®. EPEAT® status varies by country. Visit www.epeat.net for more information.

³⁷ Weight and system dimensions may fluctuate due to configuration and manufacturing variances.

³⁹ Percentage of ocean-bound plastic contained in each component varies by product.

⁴¹ Keyboard keycaps contain post-consumer recycled plastic. Percentage of post consumer recycled contained in each component varies by product.

⁴⁵ The Flicker-free capability is eliminating screen flickering through integrating DC-dimming LED backlights or LED emissions. OLED panel is functional with DC-DIMMING when above 100nits.

⁴⁶ Bluetooth® 5.4 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.4 will function as Bluetooth® 5.3 or lower.

