Powerfully and responsibly made to get things done everyday

The HP 14" Laptop PC comes feature-packed to get things done and make your wallet—and the planet—happy. Responsibly designed, this powerful PC features an Intel® Processor and ample storage for effortless multitasking. Plus, it contains ocean-bound and post-consumer recycled plastics² and is EPEAT® Gold Registered and ENERGY STAR® Certified³.



*Product image may differ from actual product



Your all-day, dependable device for productivity

Face the day with a dependable Intel® Processor¹, long battery life, ample storage, and fast connections.



Embrace your hybrid life

Stay connected or get lost in ultra-sharp, highresolution content, whether at home or on the go.



Connect and collaborate on your terms

Clear and secure video chats with a HP True Vision 1080p camera with privacy door, dual mics, and background noise-reduction.⁴

Sustainability in action

Designed for sustainability

This reliable PC is thoughtfully designed; EPEAT $^\circ$ Gold Registered and ENERGY STAR $^\circ$ Certified 5 .















Featuring

Get a fresh perspective

From a rejuvenated Start menu, to new ways to connect to your favorite people, news, games, and content—Windows 11 is the place to think, express, and create in a natural way.⁶

Intel® Core™ 7 150U

Dependable performance for everyday computing⁷

Intel® Graphics

Enjoy vivid and immersive visuals in creative applications and gaming.⁷

Flicker-free

Using DC Dimming technology that controls brightness by adjusting direct current rather than cycling the backlight, we can eliminate screen flickering for more comfortable viewing.⁸

Full HD display

Sit back and enjoy crystal-clear visuals and images with the vibrant quality of 2 million pixels. The 1920×1080 resolution gives all your digital content a new dimension.

Anti-glare panel

Enjoy the sun and your favorite content with this anti-glare panel. Non-reflective and low gloss means you'll get less glare while you're outside.

16:9 aspect ratio

A 16:9 aspect ratio lets you see all of your game.

Keyboard keycaps contain post-consumer recycled plastic

We're bringing a more sustainable design to our keyboards by using keycaps made with post-consumer recycled plastic.¹⁰

ENERGY STAR® certified

Save energy and money with ENERGY STAR®, certified by the EPA so you will use less energy and save money where it counts most. 11

EPEAT® Gold registered

EPEAT® Gold registered products are the highest-rated products that meet all of EPEAT required criteria. EPEAT is the world's premier ecolabel for electronics. 12

Try PC Game Pass for free with your new HP device

Play hundreds of high-quality PC games with your new HP gaming device and 3 free months of PC Game Pass – including EA play. With new games added all the time, there's always something new to play. 13

HP Fast Charge

When your laptop is low on power, no one has time to wait hours to recharge. Power down your device and go from 0 to 50% charge in approximately 45 minutes.¹⁴

PCle SSD storage

Boot up in seconds with lightning fast speed with up to 512 GB PCle SSD storage.

Effortlessly connected

Enjoy faster speeds, improved performance and greater capacity with Wi-Fi 6 and Bluetooth $^{\circ}$ 5.4 wireless card. 15

Dual speakers

Pump up the volume to your favorite music, movie or game with dualstereo speakers.

Dual channel memory

With dual channel technology, two channels work simultaneously to double the communication speed between the memory controller and the RAM increasing system performance.

Fingerprint reader

Seamlessly log in into your device in any mode with the touch of your finger. Patented 3-D fingerprint technology ensures secure access and online payments. 16

USB Type-C[®] Power + Display + 10Gbps signaling rate

Power your device or connect to an external display from just one USB-C® port with 10Gbps signaling rate. And it's reversible, so you never have to worry about plugging in upside down.¹⁷

Full-sized keyboard

The full-sized keyboard allows you to work anywhere, with 1.5mm key travel for typing comfort and total productivity.

Microphone Mute

Enjoy greater peace of mind and the convenience of a dedicated microphone mute button that you can easily activate and know it's on or off with an LED indicator light.

HP True Vision HD Camera

Video chat in vibrant clarity, even in low light and make every conversation a face-to-face experience for a better way to stay in touch.⁴

Dropbox cloud storage

Store and synchronize your content online with Dropbox. Get 25 GB of storage for one year to access, manage, and share your photos, music, and files from anywhere with Internet access. ¹⁸

Recommended accessories and services (not included)



3-year pickup and return U1PS3E



Specifications







Performance

Operating system

Windows 11 Home

Processor

Intel® Core™ 7 150U (up to 5.4 GHz with Intel® Turbo Boost Technology, 12 MB L3 cache. 10 cores. 12 threads)^{6,7}

Processor family: Intel® Core™ 7 processor

Chipset

Intel® integrated SoC

Memory

16 GB DDR4-3200 MT/s (2 x 8 GB)

Transfer rates up to 3200 MT/s.

Number of User-accessible Memory Slots: 0

Storage

512 GB PCle® NVMe™ M.2 SSD

25 GB Dropbox storage for 12 months¹

Integrated: Intel® Graphics;

Audio

Dual speakers

Display

35.6 cm (14") diagonal, FHD (1920 x 1080), IPS, micro-edge, anti-glare, 300 1 month trial for new Microsoft 365 customers²⁴ nits, low power, 62.5% sRGB¹⁷

Screen-to-body ratio

84.01%18

Power

45 W AC power adapter;

System coolers

Battery type

3-cell, 41 Wh Li-ion polymer²³

Battery and Power

Supports battery fast charge: approximately 50% in 45 minutes⁵

Connectivity

Wireless connectivity

Realtek Wi-Fi 6 (2x2) and Bluetooth® 5.4 wireless card [11,12,46

1 USB Type-C® 10Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge); 2 USB Type-A 5Gbps signaling rate; 1 AC smart pin; 1 HDMI 1.4b; 1 headphone/microphone combo¹⁹

Webcam

HP True Vision 720p HD camera with temporal noise reduction and integrated dual array digital microphones

Sustainability

Ecolabels

EPEAT® Gold registered²⁷

Energy star certified

ENERGY STAR® certified

Sustainable impact specifications

Ocean-bound plastic in keyboard frame, base and sideband; Keyboard keycaps and scissors contain post-consumer recycled plastic 39,40,41

Design

Product color

Roundstooth texture matte cover and keyboard frame finish, textured

Software

HP apps

HP Support Assistant; HP Connection Optimizer; OMEN Gaming Hub; myHP

Software

Intel® Unison™;

Service & support

McAfee Online Protection 30-day trial; 1-month Adobe free trial offer; Xbox Game Pass 1-month free trial; PC Game Pass 3-month trial ^{2,25,43}

Additional information

Part Number

P/N: BL1H8EA #ABU

UPC/EAN code: 199251204067

Weight

1.4 kg;

Packed: 2 kg

Dimensions

32.37 x 21.5 x 1.79 cm (front); 32.37 x 21.5 x 3.25 cm (rear);

Packed: 6.9 x 48.3 x 30.5 cm

Manufacturer Warranty

1 year (1/1/0) limited warranty includes 1 year of parts and labor. No onsite repair. Terms and conditions vary by country. Certain restrictions and exclusions apply.

Kevboard

Full-size, soft grey keyboard

HP Imagepad

Security management

Mic mute key; Camera privacy shutter; Trusted Platform Module

(Firmware TPM) support

Fingerprint reader



Footnotes

Messaging Footnotes

- 1 Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations, Intel's numbering is not a measurement of higher performance.
- ² Ocean-bound plastic material in product bezel and speaker housing, post-consumer recycled plastic in the keyboard scissors and keycaps. Percent of recycled materials contained in each component varies by
- ³ Based on U.S. EPEAT® registration according to IEEE 1680.1-2018 EPEAT®. EPEAT® status varies by country. Visit www.epeat.net for more information.
- Features may require software or other 3rd party applications to provide the described functionality.
 Based on U.S. EPEAT* registration according to IEEE 16801-2018 EPEAT*. EPEAT* status varies by country. Visit www.epeat.net for more information.
- 6 Not all features are available in all editions or versions of Windows. Systems may require upgraded and/or separately purchased hardware, drivers, software or BIOS update to take full advantage of Windows functionality. Windows is automatically updated and enabled. High speed internet and Microsoft account required. ISP fees may apply and additional requirements may apply over time for updates. See
- http://www.windows.com.

 7 For more complete information on configurations and workloads, visit www.Intel.com/PerformanceIndex. Intel technologies may require enabled hardware, software or service activation. No product or component can be absolutely secure. Your costs and results may vary. © Intel Corporation. Intel, the Intel logo, and other Intel marks are trademarks of Intel Corporation or its subsidiaries. Other names and brands may be claimed as the property of others.

 8 The flicker-free capability eliminates screen flickering through integrating DC-dimming LED backlights.
- ⁹ Full high-definition (FHD) content is required to view FHD images.
- 10 Percentage of post-consumer recycled plastic contained in keycap varies by product.
- 11 ENERGY STAR and the ENERGY STAR logo are registered trademarks of the U.S. Environmental Protection Agency.
- 12 EPEAT* Gold registered where applicable. EPEAT registration varies by country. See www.epeat.net for registration status by country.
- 13 Xbox Game Pass sold separately. Credit card required. Unless you cancel, you will be charged the then-current regular membership rate when the promotional period ends. Terms, exclusions, and streaming limits apply. Xbox Cloud Gaming (Beta): select devices and regions. After term, active membership required to play games and online multiplayer. Game catalog varies over time, region, and by device. DLC sold separately; if a game is removed from catalog or your membership ends, you will need to purchase the game separately to use your DLC. If you're already an Xbox Live Gold and/or Game Pass for Console/PC member, any days remaining in your membership(s) will be converted to Ultimate using a conversion ratio. Future code redemptions also subject to conversion ratio. All conversions to Ultimate are final. Details and system requirements at www.xbox.com/gamepass. Offer valid in all Xbox Game Pass markets excluding Russia. Digital Direct: Your digital content will be delivered directly to your device during set-up; no codes required. PC Game Pass: Subscription continues automatically at regular monthly price unless cancelled. Subject to xbox.com/subscriptionterms

 14 Recharges your battery up to 50% within 45 minutes when the system is off (using "shut down" command). Recommended for use with the HP adapter provided with the notebook, not recommended with a smaller
- capacity battery charger. After charging has reached 50% capacity, charging speed will return to normal speed. Charging time may vary +/10% due to System tolerance. Available on select HP products. See http://store.hp.com for a full list of product features.
- 15 Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs. Wi-Fi 6 is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 80MHz and higher channels. Wi-Fi 6 (802.11ax) is not supported in Belarus where Wi-Fi settings will be optimized to local regulatory requirements (80211ac). Bluetooth® 5.4 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth* 5.4 will function as Bluetooth* 5.3 or lower. Bluetooth is a trademark owned by its proprietor and used by HP Inc. under license.
- ¹⁶ Internet service required and not included.
- ¹⁷ Actual throughput may vary. USB Type-C° and USB-C° are trademarks of USB Implementers Forum.
- 18 25 GB of free online storage for one year from date of registration. For complete details and terms of use, including cancellation policies, visit the website at www.dropbox.com. Internet service required and not

Technical Specifications Footnotes

- ¹25 GB of free Dropbox storage for 12 months from date of registration. For complete details and terms of use, including cancellation policies, visit the Dropbox website at https://www.dropbox.com/help/space/hppromotion. Internet service required and not included.
- ² Internet access required and not included. McAfee is pre-installed on your PC and an account is required for activation. Subscription renewal required after trial period. VPN feature is not available in India, China, Syria or North Korea. McAfee is not compatible with Windows 11 in S mode. You'll need to permanently switch out of S mode. There's no charge to switch out of S mode, but you won't be able to turn it back on. ⁵ Recharges your battery up to 50% within 45 minutes when the system is off (using "shut down" command). Recommended for use with the HP adapter provided with the notebook, not recommended with a smaller
- capacity battery charger. After charging has reached 50% capacity, charging speed will return to normal speed. Charging time may vary +/10% due to System tolerance. Available on select HP products. See http://store.hp.com for a full list of product features.

 Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary
- depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance. 7 Intel® Turbo Boost performance varies depending on hardware, software and overall system configuration. See http://www.intel.com/technology/turboboost/ for more information.
- 11 Wi-Fi 6 is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 80MHz and higher channels.
- 12 Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs. 17 All performance specifications represent the typical specifications provided by HP's component manufacturers; actual performance may vary either higher or lower.
- ¹⁸ Percent of active plus nonactive viewing area to active viewing area plus border. Measure with lid vertical to the desk.
- 19 For best results with HP Sleep and Charge, use a USB charging protocol standard cable or cable adapter with an external device.
- ²³ Actual battery Watt-hours (Wh) will vary from design capacity. Battery capacity will naturally decrease with shelf life, time, usage, environment, temperature, system configuration, loaded apps, features, power management settings and other factors.
- ²⁴ Must activate within 180 days of Windows activation.
- 25 Offer available worldwide (excluding China and embargoed countries or other countries identified as restricted by applicable law or regulation) to new and existing subscribers who are 18+. Click on the Adobe icon in the start menu to redeem a 1-month free trial membership for select Adobe software. The software is tied to the device and is not transferrable. If you would like to sign up for an auto-renewing subscription, you can provide your payment method at sign-up. By adding a payment method, your subscription will automatically renew at the then current rate on your renewal date until you cancel. If you cancel before the end of the onemonth free trial, you won't be charged. You can cancel your subscription anytime via your Adobe Account page or by contacting Customer Support. Please see current prices for Adobe products available in this offer. Offer not available to Education, OEM, or volume licensing customers. Subject to availability where the recipient resides. Additional terms and conditions may apply. VOID WHERE PROHIBITED OR RESTRICTED BY LAW. 27 Based on U.S. EPEAT* registration according to IEEE 1680.1-2018 EPEAT*. EPEAT* status varies by country. Visit www.epeat.net for more information.
- 37 Weight and system dimensions may fluctuate due to configuration and manufacturing variances
- ³⁹ Percentage of ocean-bound plastic contained in each component varies by product.
- ⁴⁰ Laptops manufactured with recycled metal material in product cover. Percentage of recycled metal varies by product.
- ⁴¹ Keyboard keycaps contain post-consumer recycled plastic. Percentage of post consumer recycled contained in each component varies by product.
- 43 Xbox Game Pass sold separately. Credit card required. Unless you cancel, you will be charged the then-current regular membership rate when the promotional period ends. Terms, exclusions, and streaming limits apply. Xbox Cloud Gaming (Beta): select devices and regions. After term, active membership required to play games and online multiplayer. Game catalog varies over time, region, and by device. DLC sold separately; if a game is removed from catalog or your membership ends, you will need to purchase the game separately to use your DLC. If you're already an Xbox Live Gold and/or Game Pass for Console/PC member, any days remaining in your membership(s) will be converted to Ultimate using a conversion ratio. Future code redemptions also subject to conversion ratio. All conversions to Ultimate are final. Details and system requirements at www.xbox.com/gamepass. Offer valid in all Xbox Game Pass markets excluding Russia. Digital Direct: Your digital content will be delivered directly to your device during set-up; no codes required.
- ⁴⁵ The Flicker-free capability is eliminating screen flickering through integrating DC-dimming LED backlights or LED emissions. OLED panel is functional with DC-DIMMING when above 100 nits.
- 46 Bluetooth® 5.4 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.4 will function as Bluetooth® 5.3 or lower.

© Copyright 2025 HP Development Company, LP. The information contained herein is subject to change without notice. The only warranties for HP products and services are set forth in the express warranty statements accompanying such products and services. Nothing herein should be construed as constituting an additional warranty. HP shall not be liable for technical or editorial errors or omissions contained herein. Intel, Core, Optane, Celeron, Pentium, Iris, XMM, and Thunderbolt are trademarks or registered trademarks of intel Corporation or its subsidiaries in the United States and other countries. AMD, Ryzen, Athilon, and Radeon are trademarks of Advanced Micro Devices, Inc. Bluetooth is a trademark owned by its proprietor and used by HP Inc. under license. NUTDIA and Gefore are trademarks and/or registered trademarks of VISI Implementers Forum. DisplayPort" and the DisplayPort" log or are trademarks of USI Implementers Forum. DisplayPort" and the DisplayPort" log or are trademarks or registered trademarks of McAfee LIC in the United States and other countries. ENERGY STAR is a registered trademark of the U.S. Environmental Protection Agency. All other trademarks are the property of their respective owners. Not all features are available in all editions or versions of Windows. Systems may require upgraded and/or separately purchased hardware, drivers, software or BIOS update to take full advantage of Windows functionality. Windows is automatically updated and enabled. High speed internet and Microsoft account required. ISP fees may apply and additional requirements may apply over time for updates. See http://www.windows.com

