

Yoga Pro 7 14IRH8

PSREF

Product Specifications
Reference

PERFORMANCE

Processor

Intel® Core™ i5-13500H, 12C (4P + 8E) / 16T, P-core 2.6 / 4.7GHz, E-core 1.9 / 3.5GHz, 18MB

Graphics

Integrated Intel® Iris® Xe Graphics

Chipset

Intel® SoC Platform

Memory

32GB Soldered LPDDR5-5200

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Max Memory

32GB soldered memory, not upgradable

Storage

1TB SSD M.2 2280 PCIe® 4.0x4 NVMe®

Storage Support^[1]

One drive, up to 512GB M.2 2242 SSD or 1TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Card Reader

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers

4 stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Amplifier (AMP)

Camera

FHD 1080p + IR with E-shutter, ToF Sensor

Microphone

4x, Array

Battery^[2]

Integrated 73Wh

Power Adapter

100W USB-C® Slim (3-pin)

DESIGN

Display^[3]

14.5" 2.5K WQXGA (2560x1600) IPS 350nits Anti-glare, 100% sRGB, 90Hz, Eyesafe®, Dolby Vision®

Touchscreen

None

Color Calibration

None

Keyboard

Backlit, English

Touchpad

Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)

Case Color

Tidal Teal

Surface Treatment

Aluminium Stamping (Anodized with Sandblasting)

Case Material

Aluminium (Top), Aluminium (Bottom)

Pen

Pen Not Supported

Dimensions (WxDxH)^[4]

325.5 x 226.49 x 15.6 mm (12.81 x 8.92 x 0.61 inches)

Weight^[5]

Starting at 1.49 kg (3.28 lbs)

SOFTWARE

Operating System

Windows® 11 Home, Romanian / English

Bundled Software

Office Trial

CONNECTIVITY

Ethernet

No Onboard Ethernet

WLAN + Bluetooth^[6]

Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN

Non-WWAN

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)

Docking

Various docking solutions are supported via Thunderbolt™ / USB-C®.

For more compatible docking solutions, please visit [Docking for Yoga® Pro 7 14IRH8](#)

SECURITY & PRIVACY

Security Chip

Firmware TPM 2.0

Fingerprint Reader

None

Other Security

- E-shutter
- IR camera for Windows® Hello (facial recognition)

SERVICE

Base Warranty

2-year, Courier or Carry-in

Included Upgrade

3Y Premium Care with Onsite upgrade from 2Y Courier/Carry-in, CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

ACCESSORIES

Bundled Accessories^[7]

None

CERTIFICATIONS

Green Certifications^[8]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant

Other Certifications

- Eyesafe® Certified 2.0
- Intel® Evo™ Platform
- TÜV Rheinland® Low Blue Light (Hardware Solution)

Mil-Spec Test

MIL-STD-810H military test passed (21 test items)

MODEL

TopSeller	: Yes	Announce Date	: 2023-02-20
EAN / UPC / JAN	: 196804605708	End of Support	: 2029-04-06

Product image is a sample, it may not match the real color of this model

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to <https://psref.lenovo.com/Detail/2190?M=82Y70054RM>

Premium Care - Advanced Support from Real People. Real Fast.

REAL PERSON

Choose how you want to reach us - through the phone, chat or email - our expert technicians will take care of you.

HASSLE FREE

'Getting started' and 'how-to' assistance for hardware and software. Easy solutions that are simple to reach - that's how Premium Care delivers you the ideal support experience.

REAL FAST

Highly trained technicians will provide you real-time solutions, whatever the issue, on your first contact. If needed, our team will schedule an onsite visit for the next business day.

PC HEALTH CHECK

Free annual PC Health Check that allows our experts to spot issues before you do so they can resolve them quickly and help you avoid PC problems.

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty – Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades – Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

Lenovo may not offer the products, services or features discussed in this document in all regions. Lenovo may withdraw an offering at any time. Consult your local representative for information on offerings available in your area. Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. Lenovo provides this publication "as is" without warranty of any kind, either express or implied, including the implied warranties of merchantability or fitness for a particular purpose.

Recommended Accessories

ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

Lenovo USB-C 7-in-1 Hub

Travel - Ready Productivity. One-stop travel docking is finally here. Connect and charge new and legacy devices wherever you happen to be. Sleek and compact, the Lenovo USB-C 7-in-1 Hub fits unlimited productivity i...

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>

PSREF
Product Specifications
Reference