

Yoga Pro 7 14IRH8

PERFORMANCE

- Processor**
Intel® Core™ i5-13500H, 12C (4P + 8E) / 16T, P-core 2.6 / 4.7GHz, E-core 1.9 / 3.5GHz, 18MB
- Graphics**
NVIDIA® GeForce RTX™ 3050 6GB GDDR6
- Chipset**
Intel® SoC Platform
- Memory**
16GB Soldered LPDDR5-5200
- Memory Slots**
Memory soldered to systemboard, no slots, dual-channel
- Max Memory**
16GB soldered memory, not upgradable
- Storage**
1TB SSD M.2 2280 PCIe® 4.0x4 NVMe®
- Storage Support^[1]**
One drive, up to 512GB M.2 2242 SSD or 1TB M.2 2280 SSD
- Storage Slot**
One M.2 2280 PCIe® 4.0 x4 slot
- Card Reader**
None
- Audio Chip**
High Definition (HD) Audio, Realtek® ALC3306 codec
- Speakers**
4 stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Amplifier (AMP)
- Camera**
FHD 1080p + IR with E-shutter, ToF Sensor
- Microphone**
4x, Array
- Battery^[2]**
Integrated 73Wh
- Power Adapter**
140W USB-C® Slim (3-pin)

DESIGN

- Display^[3]**
14.5" 3K (3072x1920) IPS 400nits Anti-glare, 100% P3, 120Hz, Eyesafe®, Dolby Vision®, TCON
- Touchscreen**
None
- Color Calibration**
TCON Color Calibration
- Keyboard**
Backlit, English

- Touchpad**
Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)
- Case Color**
Storm Grey
- Surface Treatment**
Aluminium Stamping (Anodized with Sandblasting)
- Case Material**
Aluminium (Top), Aluminium (Bottom)
- Pen**
Pen Not Supported
- Dimensions (WxDxH)^[4]**
325.5 x 226.49 x 15.6 mm (12.81 x 8.92 x 0.61 inches)
- Weight^[5]**
Starting at 1.49 kg (3.28 lbs)

SOFTWARE

- Operating System**
None
- Bundled Software**
None

CONNECTIVITY

- Ethernet**
No Onboard Ethernet
- WLAN + Bluetooth^[6]**
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3
- WWAN**
Non-WWAN
- Standard Ports**
 - 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
 - 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
 - 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4
 - 1x HDMI® 2.1, up to 4K/60Hz
 - 1x Headphone / microphone combo jack (3.5mm)
- Docking**
Various docking solutions are supported via Thunderbolt™ / USB-C®.
For more compatible docking solutions, please visit [Docking for Yoga® Pro 7 14IRH8](#)

SECURITY & PRIVACY

- Security Chip**
Firmware TPM 2.0
- Fingerprint Reader**
None

PSREF

Product Specifications Reference

- Other Security**
 - E-shutter
 - IR camera for Windows® Hello (facial recognition)

SERVICE

- Base Warranty**
2-year, Courier or Carry-in
- Included Upgrade**
CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects), 3Y Premium Care with Onsite upgrade from 2Y Depot/CCI (CPN)

ACCESSORIES

- Bundled Accessories^[7]**
None

CERTIFICATIONS

- Green Certifications**
 - ENERGY STAR® 8.0
 - ErP Lot 6/26
 - RoHS compliant
- Other Certifications**
 - Eyesafe® Certified 2.0
 - TÜV Rheinland® Low Blue Light (Hardware Solution)
- Mil-Spec Test**
MIL-STD-810H military test passed (21 test items)

MODEL

- | | | | |
|------------------------|----------------|-----------------------|--------------|
| TopSeller | : Yes | Announce Date | : 2023-04-03 |
| EAN / UPC / JAN | : 197529885963 | End of Support | : 2029-04-06 |



Product image is a sample, it may not match the real color of this model

Note:

[1] The storage capacity supported is based on the test.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to <https://psref.lenovo.com/Detail/2190?M=82Y7007XRM>

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- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories

ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

Lenovo USB-C 7-in-1 Hub

Travel - Ready Productivity. One-stop travel docking is finally here. Connect and charge new and legacy devices wherever you happen to be. Sleek and compact, the Lenovo USB-C 7-in-1 Hub fits unlimited productivity i...

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>

PSREF
Product Specifications
Reference