

Yoga Pro 7 14IMH9

PERFORMANCE

Processor
Intel® Core™ Ultra 5 125H, 14C (4P + 8E + 2LPE) / 18T, Max Turbo up to 4.5GHz, 18MB

AI PC Category
AI PC

NPU
Integrated Intel® AI Boost, up to 11 TOPS

Graphics
Integrated Intel® Arc™ Graphics

Chipset
Intel® SoC Platform

Memory
32GB Soldered LPDDR5x-7467

Memory Slots
Memory soldered to systemboard, no slots, dual-channel

Max Memory
32GB soldered memory, not upgradable

Storage
1TB SSD M.2 2280 PCIe® 4.0x4 NVMe®

Storage Support^{[1][2]}
Models with integrated graphics and IPS display: up to two drives, 2x M.2 SSD
• M.2 2280 SSD up to 1TB each

Storage Slot
Models with integrated graphics and IPS display: Two M.2 2280 PCIe® 4.0 x4 slots

Card Reader
None

Audio Chip
High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers
4 stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Amplifier (AMP)

Camera
FHD 1080p + IR with E-shutter

Microphone
4x, Array

Battery^[3]
Integrated 73Wh

Power Adapter
100W USB-C® Slim (3-pin)

DESIGN

Display^[4]
14.5" 3K (3072x1920) IPS 400nits Glossy / Anti-fingerprint, 100% P3, 100% sRGB, 120Hz, Eyesafe®, Dolby Vision®, Glass, Touch, TCON

Touchscreen
OGS, 10-point Multi-touch

Color Calibration
TCON Color Calibration

Keyboard
Backlit, English

Touchpad
Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)

Case Color
Luna Grey

Surface Treatment
Aluminium Stamping (Anodized with Sandblasting)

Case Material
Aluminium (Top), Aluminium (Bottom)

Pen
Pen Not Supported

Dimensions (WxDxH)^[5]
325.5 x 226.49 x 16.6 mm (12.81 x 8.92 x 0.65 inches)

Weight^[6]
Starting at 1.59 kg (3.50 lbs)

SOFTWARE

Operating System
None

Bundled Software
None

CONNECTIVITY

Ethernet
No Onboard Ethernet

WLAN + Bluetooth^[7]
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN
Non-WWAN

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)

Docking
Various docking solutions are supported via Thunderbolt™ / USB-C®.

For more compatible docking solutions, please visit [Docking for Yoga® Pro 7 14IMH9](#)

SECURITY & PRIVACY

Security Chip
Firmware TPM 2.0

Fingerprint Reader
None

Other Security

- E-shutter
- IR camera for Windows® Hello (facial recognition)

SERVICE

Base Warranty
2-year, Courier or Carry-in

Included Upgrade
CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects), 3Y Premium Care with Onsite upgrade from 2Y Depot/CCI (CPN)

ACCESSORIES

Bundled Accessories^[8]
None

CERTIFICATIONS

Green Certifications

- ErP Lot 6/26
- RoHS compliant

Other Certifications

- Eyesafe® Certified 2.0
- TÜV Rheinland® Low Blue Light (Hardware Solution)

Mil-Spec Test
MIL-STD-810H military test passed (21 test items)

MODEL

TopSeller	: No	Announce Date	: 2024-01-22
EAN / UPC / JAN	: 197530494338	End of Support	: 2030-01-25

Note:

[1] The storage capacity supported is based on the test results with current Lenovo storage offerings.

[2] The system supports dual SSD via two M.2 slots, but Lenovo offers only one SSD configuration with a second slot for user self-expansion.

[3] Rapid Charge Express is only effective in hibernates or fully shutting down the computer.

[4] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

[5] The system dimensions may vary depending on configurations.

[6] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

[7] Wi-Fi 6E full features might be limited by country-level.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to <https://psref.lenovo.com/Detail/2379?M=83E2005HRM>

Premium Care - Advanced Support from Real People. Real Fast.

REAL PERSON

Choose how you want to reach us - through the phone, chat or email - our expert technicians will take care of you.

HASSLE FREE

'Getting started' and 'how-to' assistance for hardware and software. Easy solutions that are simple to reach - that's how Premium Care delivers you the ideal support experience.

REAL FAST

Highly trained technicians will provide you real-time solutions, whatever the issue, on your first contact. If needed, our team will schedule an onsite visit for the next business day.

PC HEALTH CHECK

Free annual PC Health Check that allows our experts to spot issues before you do so they can resolve them quickly and help you avoid PC problems.

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty – Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades – Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

Lenovo may not offer the products, services or features discussed in this document in all regions. Lenovo may withdraw an offering at any time. Consult your local representative for information on offerings available in your area. Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. Lenovo provides this publication "as is" without warranty of any kind, either express or implied, including the implied warranties of merchantability or fitness for a particular purpose.

Recommended Accessories

Lenovo Professional Wireless Combo Keyboard & Mouse (US English)

This sleek and stylish full-size keyboard and mouse combo offers exceptional quality in a modern wireless solution. The slim 3-zone keyboard with number pad has responsive quiet keys and a premium typing experience. O...

ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>

PSREF
Product Specifications
Reference