ThinkBook 14 G7 IML 21MR008CLM

PSREF
Product Specifications Reference

PERFORMANCE

Processor
Intel® Core™ Ultra 5 125U, 12C (2P + 8E + 2LPE) / 14T, Max Turbo up to 4.3GHz, 12MB

AI PC Category[1]
AI PC

NPU
Integrated Intel® AI Boost, up to 11 TOPS

Graphics
Integrated Intel® Graphics

Chipset
Intel® SoC Platform

Memory
2x 8GB SO-DIMM DDR5-5600

Memory Slots
Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory
Up to 64GB DDR5-5600

Storage
512GB SSD M.2 2242 PCIe® 4.0x4 NVMe®

Max Storage Support
Up to two drives, 2x M.2 SSD
• M.2 2280 SSD up to 2TB each

Storage Slot
Two M.2 2280 PCIe® 4.0 x4 slots

Card Reader
SD Card Reader

Optical
None

Audio Chip
High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers
Stereo speakers, 2W x2, Dolby Audio™

Camera
FHD 1080p with Privacy Shutter

Microphone
2x, Array

Battery
60Wh

Power Adapter
65W USB-C® (3-pin)

Special Features
Modern Standby

DESIGN

Display[2]
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

Touchscreen
None

Keyboard
Backlit, Spanish (LA)

Touchpad
Buttonless Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Case Color
Arctic Grey

Surface Treatment
Anodizing Sandblasting

Case Material
Aluminium (Top), Aluminium (Bottom)

Pen
Pen Not Supported

Dimensions (WxDxH)[3]
313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches)

Weight[4]
Starting at 1.38 kg (3.04 lbs)

SOFTWARE

Operating System
Windows® 11 Pro, Spanish

Bundled Software
Office Trial

CONNECTIVITY

WLAN + Bluetooth®[5]
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN
Non-WWAN

Ethernet
100/1000M (RJ-45)

Standard Ports
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 2.1
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x SD card reader

Docking
Various docking solutions supported via Thunderbolt™ or USB-C®.
For more compatible docking solutions, please visit Docking for ThinkBook® 14 G7 IML

SECURITY & PRIVACY

Security Chip
Firmware TPM 2.0 Enabled

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks
Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security
Camera privacy shutter

MANAGEABILITY

System Management
Non-vPro®

SERVICE

Base Warranty
1-year, Courier or Carry-in

Included Upgrade
None

ACCESSORIES

Bundled Accessories
None

CERTIFICATIONS

Green Certifications[6]
- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 9.0

Other Certifications
TÜV Rheinland® Low Blue Light (Software Solution)

Mil-Spec Test
MIL-STD-810H military test passed

MODEL

TopSeller	: No	**Announce Date**	: 2024-02-18
EAN / UPC / JAN	: 197530987380	**End of Support**	: 2030-09-26

Note:
[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.
[2] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.
[3] The system dimensions may vary depending on.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please access the web page.

Premier Support - **A direct 24x7x365 line to our most elite technicians.**

- Advanced technical support, 24x7x365, in more than 100 markets
- Technical Account Managers for proactive relationship and escalation management
- Comprehensive hardware & OEM software support
- Priority on service delivery and repair parts
- Single point of contact for simplified end-to-end case management
- Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - **Protection of your PC from the unexpected.**

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - **Included with the systems you purchase, default 1- or 3-year coverage window.**

Warranty Extensions & Upgrades - **Service and protection that's right for your circumstances.**

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

Lenovo may not offer the products, services or features discussed in this document in all regions. Lenovo may withdraw an offering at any time. Information is subject to change without notice. Consult your local representative for information on offerings available in your area. Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. Lenovo provides this publication "as is" without warranty of any kind, either express or implied, including the implied warranties of merchantability or fitness for a particular purpose.

Recommended Accessories



Lenovo 65W USB-C DC Travel Adapter

40AK0065WW

Power up and stay productive on the road with this DC Travel adapter. Lenovo 65W USB-C DC Travel Adapter is the universal DC adapter, providing 65W power via USB-C for outdoor use.



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Please click here to view the full list of accessories.

Lenovo PSREF Product Specifications Reference