

Yoga Pro 7 14IAH10

PSREF

Product Specifications
Reference

PERFORMANCE

- Processor**
Intel® Core™ Ultra 9 285H, 16C (6P + 8E + 2LPE) / 16T, Max Turbo up to 5.4GHz, 24MB
- AI PC Category**
AI PC
- NPU**
Integrated Intel® AI Boost, up to 13 TOPS
- Graphics**
Integrated Intel® Arc™ 140T GPU
- Chipset**
Intel® SoC Platform
- Memory**
32GB Soldered LPDDR5x-8533
- Memory Slots**
Memory soldered to systemboard, no slots, dual-channel
- Max Memory**
32GB soldered memory, not upgradable
- Storage**
1TB SSD M.2 2242 PCIe® 4.0x4 NVMe®
- Storage Support^{[1][2]}**
Up to two drives, 2x M.2 SSD
• M.2 2242 SSD up to 1TB
- Storage Slot**
Two M.2 slots
• One M.2 2242 PCIe® 4.0 x4 slot
• One M.2 2280 PCIe® 4.0 x4 slot
- Card Reader**
SD Card Reader
- Audio Chip**
High Definition (HD) Audio, Realtek® ALC3306 codec
- Speakers**
4 stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Smart Amplifier (AMP)
- Camera**
5.0MP + IR with E-shutter
- Microphone**
4x, Array
- Battery**
84Wh
- Power Adapter**
100W USB-C® Slim (3-pin)

DESIGN

- Display**
14.5" 3K (3000x1876) OLED 1000nits (peak) / 500nits (typical) Glossy / Anti-fingerprint, 100% DCI-P3, 120Hz, Eyesafe®, Dolby Vision®, DisplayHDR™ True Black 1000, Glass, Touch, X-Rite®, PureSight Pro
- Touchscreen**
On-cell, 10-point Multi-touch
- Color Calibration**
Factory Color Calibration
- Keyboard**
Backlit, Spanish
- Touchpad**
Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)
- Case Color**
Luna Grey
- Surface Treatment**
Aluminium Stamping (Anodized with Sandblasting)
- Case Material**
Aluminium (Top), Aluminium (Bottom)
- Pen**
None
- Dimensions (WxDxH)^[3]**
325.3 x 228.1 x 16.9 mm (12.81 x 8.98 x 0.67 inches)
- Weight^[4]**
Starting at 1.54 kg (3.39 lbs)
- SOFTWARE**
- Operating System**
Windows® 11 Home, Spanish
- Bundled Software**
Office Trial
- CONNECTIVITY**
- WLAN + Bluetooth^[5]**
Wi-Fi® 7, 802.11be 2x2 + BT5.4
- WWAN**
Non-WWAN
- Ethernet**
No Onboard Ethernet
- Standard Ports^[6]**
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
 - 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
 - 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 2.1
 - 1x HDMI® 2.1, up to 8K/60Hz
 - 1x Headphone / microphone combo jack (3.5mm)
 - 1x SD card reader

- Docking**
Various docking solutions are supported via Thunderbolt™. For more compatible docking solutions, please visit [Docking for Yoga® Pro 7 14IAH10](#)

SECURITY & PRIVACY

- Security Chip**
Firmware TPM 2.0
- Fingerprint Reader**
None
- Other Security**
- E-shutter
 - IR camera for Windows® Hello (facial recognition)

SERVICE

- Base Warranty**
3-year, Courier or Carry-in
- Included Upgrade**
<= 3 Months Premium Care

ACCESSORIES

- Bundled Accessories**
None

CERTIFICATIONS

- Green Certifications^[7]**
- Carbon Neutral Certified
 - ENERGY STAR® 8.0
 - EPEAT™ Gold Registered
 - ErP Lot 6/26
 - RoHS compliant
- Other Certifications**
- Intel® Evo™ Platform
 - Eyesafe® Certified 2.0
 - TÜV Rheinland® Flicker Free
 - TÜV Rheinland® Low Blue Light (Hardware Solution)

- Mil-Spec Test**
MIL-STD-810H military test passed (21 test items)

MODEL

- | | | | |
|------------------------|----------------|-----------------------|--------------|
| TopSeller | : No | Announce Date | : 2025-03-03 |
| EAN / UPC / JAN | : 198156687616 | End of Support | : 2031-04-03 |

Note:

[1] The storage capacity supported is based on the test results with current Lenovo storage offerings.

[2] The system supports dual SSD via two M.2 slots, but Lenovo offers only one SSD configuration with a second slot for user self-expansion.

[3] The system dimensions may vary depending on.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to <https://psref.lenovo.com/Detail/2652?M=83KF000SSP>

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PC HEALTH CHECK

Free annual PC Health Check that allows our experts to spot issues before you do so they can resolve them quickly and help you avoid PC problems.

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty – Included with the systems you purchase, default 1- or 3-year coverage window.

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- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories

Lenovo Professional Wireless Combo Keyboard & Mouse (US English)

This sleek and stylish full-size keyboard and mouse combo offers exceptional quality in a modern wireless solution. The slim 3-zone keyboard with number pad has responsive quiet keys and a premium typing experience. O...

Lenovo Essential USB Mouse

The Lenovo Essential USB Mouse is more than your basic mouse. It features an easy plug-and-play connection to PCs with USB cord. The ergonomic full-size design provides comfortable grip for all day comfort. A high-re...

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>

PSREF
Product Specifications
Reference