

ThinkPad E14 Gen 7 (AMD) 21T00053MH

PERFORMANCE

- Processor**
AMD Ryzen™ 7 250 (8C / 16T, 3.3 / 5.1GHz, 8MB L2 / 16MB L3)
- AI PC Category**^[1]
AI PC
- NPU**
Integrated AMD Ryzen™ AI, up to 16 TOPS
- Graphics**
Integrated AMD Radeon™ 780M Graphics
- Chipset**
AMD SoC Platform
- Memory**
1x 32GB SO-DIMM DDR5-5600
- Memory Slots**
Two DDR5 SO-DIMM slots, dual-channel capable
- Max Memory**
Up to 64GB DDR5-5600
- Storage**
1TB SSD M.2 2242 PCIe® 4.0x4 NVMe® Opal 2.0
- Storage Slot**
Two M.2 slots
• One M.2 2242 PCIe® 4.0 x4 slot
• One M.2 2280 PCIe® 4.0 x4 slot
- Max Storage Support**^[2]
Up to two drives, 2x M.2 SSD
• M.2 2242 SSD up to 1TB
• M.2 2280 SSD up to 1TB
- Card Reader**
No card reader
- Audio Chip**
High Definition (HD) Audio, Senary SN6147 codec
- Speakers**
Stereo speakers, 2W x2, Dolby Atmos®, audio by HARMAN
- Microphone**
2x, Array
- Camera**
FHD 1080p + IR Hybrid with Privacy Shutter
- Battery**
64Wh
- Power Adapter**
65W USB-C® (3-pin)

DESIGN

- Display**^[3]
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

- Screen-to-Body Ratio**
90%
- Pen**
Pen Not Supported
- Keyboard**
Backlit, English (EU)
- Dimensions (WxDxH)**^[4]
313 x 220.3 x 10.1/15.25 (front/rear), 19.7 (maximum) mm;
12.32 x 8.67 x 0.40/0.60 (front/rear), 0.78 (maximum) inches
- Weight**^[5]
Starting at 1.41 kg (3.11 lbs)
- Case Color**
Black
- Case Material**
Aluminium (Top), Aluminium (Bottom)

SOFTWARE

- Operating System**
Windows® 11 Pro, WE (EN/FR/DE/NL/IT)
- Bundled Software**
Lenovo® AI Now

CONNECTIVITY

- WLAN + Bluetooth**^[6]
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3
- WWAN**
Non-WWAN
- Ethernet**
100/1000M (RJ-45)
- Standard Ports**
• 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
• 1x USB-A (USB 10Gbps / USB 3.2 Gen 2), Always On
• 1x USB-C® (USB 5Gbps / USB 3.2 Gen 1), with USB PD 3.1 and DisplayPort™ 1.4
• 1x USB-C® (USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 1.4a
• 1x HDMI® 2.1, up to 4K/60Hz
• 1x Headphone / microphone combo jack (3.5mm)
• 1x Ethernet (RJ-45)
- Docking**
Various docking solutions supported via USB-C®.
For more compatible docking solutions, please visit [Docking for ThinkPad® E14 Gen 7 \(AMD\)](#)

SECURITY & PRIVACY

- Security Chip**
Discrete TPM 2.0 Enabled

- Physical Locks**
Kensington® Nano Security Slot™, 2.5 x 6 mm
- Fingerprint Reader**
Touch Style, Match-on-Chip, Integrated in Power Button
- Other Security**
• Camera privacy shutter
• IR camera for Windows® Hello (facial recognition)
• ThinkShield

MANAGEABILITY

- System Management**
Non-DASH

SERVICE

- Base Warranty**
1-year, Courier or Carry-in
- Included Upgrade**
2Y Depot Upgrade From 1Y Depot WHB(CPN), CO2 Offset 0.5 ton (2nd Gen) TP WHB (CPN)

CERTIFICATIONS

- Green Certifications**^[7]
• ENERGY STAR® 9.0
• EPEAT™ Gold Registered
• ErP Lot 6/26
• RoHS compliant
• TCO Certified, generation 10

- Mil-Spec Test**
MIL-STD-810H military test passed

- Other Certifications**
TÜV Rheinland® Low Blue Light (Software Solution)

MODEL

- | | | | |
|------------------------|-----------------|-----------------------|--------------|
| TopSeller | : Yes | Announce Date | : 2025-06-15 |
| EAN / UPC / JAN | : 0199271854709 | End of Support | : 2031-12-13 |

Note:
[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.
[2] The system supports dual SSD via two M.2 slots, but Lenovo only offers one M.2 2242 SSD configuration and M.2 2280 slot for user self-extension.
[3] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.
[4] The system dimensions may vary depending on configurations.
[5] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.
[6] Wi-Fi 6E operation is subject to the regulation rules in each country.
[7] EPEAT is registered where applicable, please visit

• Lenovo reserves the right to change specifications without notice.
To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Recommended Services

BEST	4Y Premier Support upgrade from 2Y Depot/CCI (5WS0W86619)
BETTER	3Y Premier Support upgrade from 2Y Depot/CCI (5WS0W86701)
GOOD	3Y Onsite upgrade from 2Y Depot/CCI (5WS0W86640)

Please click [here](#) to view the full list of accessories.



PSREF
Product Specifications
Reference