

HP OmniBook X Flip 2-in-1 Laptop Next Gen AI 14-fm001na

Create anywhere, in any angle, with an HP Next Gen AI PC

The thin and light HP OmniBook X Flip 14 Next Gen AI PC enables creatives to work and play from any angle with multiple modes, and features a high-resolution edge-to-edge display for crisp, clear images, an AI-powered processor, and an all-day, fast-charging battery for the speed, performance, and endurance to create wherever you are.



*Product image may differ from actual product



Durable, all-day AI power

Enjoy on-the-go power with an AI-enhanced Intel® Core™ Ultra Processor¹ and fast-charging all-day battery.



Multiple modes for on-the-go work and play

Find the perfect angle for on-the-go creative work and play in clamshell, tent, tablet, or reverse mode.



Take clear connections with you when you go

Effortless connectivity with Wi-Fi and crystal-clear video powered by Poly Camera Pro.

Sustainability in action

Built for a better tomorrow

Thoughtfully designed with recycled material^{2,3} and is EPEAT® Gold with Climate+⁴.

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Featuring

Get a fresh perspective
From a rejuvenated Start menu, to new ways to connect to your favorite people, news, games, and content—Windows 11 is the place to think, express, and create in a natural way.⁵

Intel® Core™ Ultra Processors
Make the hard stuff easy with Intel® Core™ Ultra processors. Accelerate AI experiences across hundreds of apps.⁶

OLED display
With display technology that lights each pixel separately, you'll get deeper blacks for richer contrast, enhanced color depth, and more power efficiency than traditional LED screens.

Corning® Gorilla® Glass 3
Enhance your device's endurance with Corning® Gorilla® Glass 3, engineered for unparalleled scratch resistance. Helps reduce accidental damage with strong, more durable protection than most displays.

Variable refresh rate
Get the best performance for your creative works, while not sacrificing battery life. VRR technology allows your PC to dynamically adjust its refresh rate based on the frame rate of the content you're viewing.

16:10 aspect ratio
A 16:10 aspect ratio lets you see more of your content with less scrolling.

Poly Camera Pro
Poly Camera Pro elevates your video calls with AI to enjoy crystal clear video, customizable settings and professional grade features for a truly immersive video conferencing and collaboration experience.

HP AI Companion
Get the most out of your AI PC with the new HP AI Companion app. Elevate your everyday tasks with a collection of AI tools and solutions that can increase your productivity and keep you running at your best.⁷

McAfee Premium Individual 30-day trial
Secure your device with award winning antivirus and online protection. Free trial includes secure VPN for privacy and data protection when browsing on public Wi-Fi⁸

Keyboard contains post-consumer recycled plastic
We're bringing a more thoughtful design to our keyboards by using post-consumer recycled plastic in the design.⁹

Utilizing recycled metals
HP incorporates increasing amounts of recycled, renewable, and non-virgin raw materials. Because little things make a big difference, this product includes a percentage of recycled metals in the design.¹⁰

Incorporating ocean-bound plastics
HP incorporates increasing amounts of recycled, renewable, and non-virgin raw materials. Built with the environment in mind, this product includes a percentage of ocean-bound plastic in the design.¹¹

EPEAT® Gold with Climate+
With EPEAT® Gold with Climate+, you're choosing a movement towards responsibility and climate action.¹²

ENERGY STAR® certified
Save energy and money with ENERGY STAR®, certified by the EPA so you will use less energy and save money where it counts most.¹³

HP Fast Charge
When your laptop is low on power, no one has time to wait hours to recharge. Power down your device and go from 0 to 50% charge in approximately 30 minutes.¹⁴

Wi-Fi 6E (2x2) and Bluetooth® 5.3 wireless card
Enjoy faster speeds, improved performance, greater capacity and lower latencies than earlier iterations with Wi-Fi 6E and Bluetooth® 5.3 wireless card.¹⁵

Camera Shutter
No more unsightly tape and tacky gum to hide your private moments. Ensure your privacy and security with a visible, physical shutter that turns off your PC's camera when not in use.

5MP IR camera with temporal noise reduction and integrated dual array digital microphones
The high-quality-camera lets you video chat in stunning detail, at up to 2592x1944 resolution.¹⁶

1TB PCIe® Gen4 NVMe™ M.2 SSD
With high-speed data transfer, the 1 TB PCIe Gen4 NVMe M.2 SSD offers lightning fast speed and efficient storage.¹⁷

DTS: X® Ultra Technology
By producing authentic, spatially accurate 3D sound through any headset, this technology offers specially tuned audio modes for different game types to provide immersion for the best entertainment experience possible.¹⁸

Poly Studio Audio
HP + Poly together will continuously accelerate innovation across our hybrid solutions, including AI-generated technology. With pitch perfect audio, you'll get the best experience to collaborate anywhere with audio tuned by Poly Studio.

Dual speakers
Pump up the volume to your favorite music, movie or game with dual-stereo speakers.

Thunderbolt™ 4 with USB™ Type-C®
The latest Thunderbolt™ solution lets you power your device or connect up to two 4K displays with a single cable and blazing 40Gbps signaling rate.

LPDDR5X RAM
Experience speedy and responsive performance with the power efficient LPDDR5X memory. Designed to support higher data rates with less latency, plus faster file transfers and application load.

Backlit keyboard
Keep going even in dimly lit rooms or aboard red-eye flights. With an illuminated keyboard, you can type comfortably in more environments.

Try PC Game Pass for free with your new HP device
Play hundreds of high-quality PC games with your new HP device and 3 free months of PC Game Pass – including EA play. With new games added all the time, there's always something new to play.¹⁹

Recommended accessories and services (not included)

			
HP 710 Rechargeable Silent Mouse 6E6F2AA	HP 460 Multi-Device Bluetooth Keyboard 7N7B8AA	HP 100 Sanitizable Mouse Pad 8X594AA	3-year pickup and return UM963E



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Specifications



Performance

Operating system
Windows 11 Home

Processor
Intel® Core™ Ultra 7 256V (up to 4.8 GHz with Intel® Turbo Boost Technology, 12 MB L3 cache, 8 cores, 8 threads)^{6,7}
Processor family: Intel® Core™ Ultra 7 processor
Neural Processing Unit (NPU): Intel® AI Boost (47 NPU TOPS)

Chipset
Intel® integrated SoC

Memory
16 GB LPDDR5x-8533 MT/s (onboard)
Transfer rates up to 8533 MT/s.
Number of User-accessible Memory Slots: 0

Storage
1 TB PCIe® Gen4 NVMe™ M.2 SSD
25 GB Dropbox storage for 12 months¹

Graphics
Integrated: Intel® Arc™ 140V GPU (8GB);

Audio
DTS:X® Ultra; Dual speakers; HP Audio Boost; Poly Studio

Display
35.6 cm (14") diagonal, 2K (1920 x 1200), OLED, multitouch-enabled, 0.2 ms response time, UWVA, edge-to-edge glass, micro-edge, Corning® Gorilla® Glass 3, Low Blue Light, 300 nits, 95% DCI-P3¹⁷

Screen-to-body ratio
89.58%¹⁸

Power
65 W USB Type-C® power adapter;

Battery type
3-cell, 59 Wh Li-ion polymer²³

Battery and Power
Up to 16 hours and 30 minutes³;
Supports battery fast charge: approximately 50% in 30 minutes⁵

Maximum battery life video playback
Up to 22 hours and 45 minutes¹⁰

Connectivity

Wireless connectivity
Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card ^{11,12,46}
Modern Standby (Connected);HP Extended Range Wireless LAN;HP Dynamic Range Technology

Ports
2 USB Type-A 10Gbps signaling rate; 1 HDMI 2.1; 1 headphone/microphone combo; 1 Thunderbolt™ 4 with USB Type-C® 40Gbps signaling rate (USB Power Delivery 3.1, DisplayPort™ 2.1, HP Sleep and Charge); 1 USB Type-C® 10Gbps signaling rate (USB Power Delivery 3.1, DisplayPort™ 1.4a, HP Sleep and Charge)¹⁹

Webcam
5MP IR camera with temporal noise reduction and integrated dual array digital microphones

Sustainability

Ecolabels
EPEAT® Gold with Climate+²⁷

Energy star certified
ENERGY STAR® certified

Sustainable impact specifications
Ocean-bound plastic in speaker enclosure(s) and bezel; Recycled metal in cover, keyboard frame, base and hinge cap(s); Keyboard keycaps and scissors contain post-consumer recycled plastic^{39,40,41}

Design

Product color
Meteor silver aluminum
Sandblasted anodized finish

Software

HP apps
HP Support Assistant; HP Connection Optimizer; HP Enhanced Lighting; HP AI Companion

Software
Copilot in Windows with Copilot key; Poly Camera Pro; 1 month trial for new Microsoft 365 customers²⁴

Service & support
McAfee Online Protection 30-day trial; 1-month Adobe free trial offer; PC Game Pass 3-month trial ^{2,25}

Additional information

Part Number
P/N: CF6M8EA #ABU
UPC/EAN code: 199642862463

Weight
1.38 kg;
Packed: 2.44 kg

Dimensions
31.3 x 21.85 x 1.46 cm;
Packed: 8 x 38 x 28 cm

Manufacturer Warranty
1 year (1/1/0) limited warranty includes 1 year of parts and labor. No on-site repair. Terms and conditions vary by country. Certain restrictions and exclusions apply.

Included accessories
HP USB-C Rechargeable MPP2.0 Tilt Natural Silver Pen

Keyboard
Full-size, backlit, soft gray keyboard
HP Imagepad

Security management
Mic mute key; Camera privacy shutter; Trusted Platform Module (Firmware TPM) support

Sensors
Accelerometer; Gyroscope; IR thermal sensor



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Footnotes

Messaging Footnotes

¹ Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering is not a measurement of clock speed. Features and software that require a NPU may require software purchase, subscription or enablement by a software or platform provider, and third party software may have specific configuration or compatibility requirements. Potential NPU inferencing performance varies by use, configuration, and other factors.

² Recycled plastic is expressed as a percentage of the total weight of the metal according to ISO 14021 definitions for metal parts over 25 grams.

³ Recycled plastic is expressed as a percentage of the total weight plastic. Post-consumer recycled is based on the definition set in the EPEAT standard for computers, IEEE 1680.1-2018 standard.

⁴ See www.epeat.net for registration status and tier levels by country.

⁵ Not all features are available in all editions or versions of Windows. Systems may require upgraded and/or separately purchased hardware, drivers, software or BIOS update to take full advantage of Windows functionality. Windows is automatically updated and enabled. High speed internet and Microsoft account required. ISP fees may apply and additional requirements may apply over time for updates. See <http://www.windows.com>.

⁶ Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering is not a measurement of higher performance. Features and software that require a NPU may require software purchase, subscription or enablement by a software or platform provider, and third party software may have specific configuration or compatibility requirements. Potential NPU inferencing performance varies by use, configuration, and other factors.

⁷ HP AI Companion is available preloaded on select HP next gen AI PCs or is available for download from the Microsoft store and requires a HP next gen AI PC with a NPU supporting 40-60 TOPS and requires Windows 11. Perform requires account set up within 30 days of PC boot or enrollment through the HP AI Companion app. Some features require customer upload of local data. Five (5) library 100MB limit each, supported files may vary and at launch include pdf, txt, .docx files.

⁸ Internet access required and not included. McAfee is pre-installed on your PC and an account is required for activation. Subscription renewal required after trial period. VPN feature is not available in India, China, Syria or North Korea. McAfee is not compatible with Windows 11 in S mode. You'll need to permanently switch out of S mode. There's no charge to switch out of S mode, but you won't be able to turn it back on.

⁹ Keyboard components contain post-consumer recycled plastic. Percentage of post consumer recycled contained in each component varies by product.

¹⁰ Laptops manufactured with recycled metal material in product cover. Percentage of recycled metal varies by product.

¹¹ Percentage of ocean-bound plastic contained in each component varies by product.

¹² EPEAT® Gold with Climate+ registered where applicable. EPEAT registration varies by country. See www.epeat.net for registration status by country.

¹³ ENERGY STAR and the ENERGY STAR logo are registered trademarks of the U.S. Environmental Protection Agency.

¹⁴ Recharges your battery up to 50% within 30 minutes when the system is off using "shut down" command, using HP adapter provided with the notebook or recommended power adapter disclosed in specifications (see <http://store.hp.com>). After charging has reached 50% capacity, charging speed will return to normal speed. Charging time may vary +/- 10% due to System tolerance. Available on select HP products.

¹⁵ Wi-Fi 6E requires a Wi-Fi 6E router, sold separately, to function in the 6GHz band. Availability of public wireless access points limited. Wi-Fi 6E is backwards compatible with prior 802.11 specs. And available in countries where Wi-Fi 6E is supported. Wi-Fi 6E is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately. Bluetooth® 5.3 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.3 will function as Bluetooth® 5.2 or lower.

¹⁶ Features may require software or other 3rd party applications to provide the described functionality. Internet service required and not included.

¹⁷ For hard drives, GB = 1 billion bytes. TB = 1 trillion bytes. Actual formatted capacity is less. Up to 35GB of system disk is reserved for system recovery software.

¹⁸ Listening to personal stereo equipment at full volume for long periods can damage the user's hearing. To reduce the risk of hearing damage, lower the volume and amount of time listening at full volume.

¹⁹ PC Game Pass: Subscription continues automatically at regular monthly price unless cancelled. Subject to xbox.com/subscriptionterms. Terms and exclusions apply. Game catalog varies over time, by region, and by device. All rights reserved. xbox.com/pcgamepass, [ea.com/ea-play/terms](https://xbox.com/ea-play/terms). Three month trial for devices purchased after October 2024. Microsoft account required. Offers available in select regions only. Credit card required. After promotional period, subscription automatically continues at the then-current regular price (subject to change), unless cancelled, plus applicable taxes. For cancellation details, see xbox.com/cancel. For complete details see terms and conditions <https://www.xbox.com/en-US/xbox-game-pass?mssockid=3f8c879b624a6bb10ac4924e63d86a01>

Technical Specifications Footnotes

¹ 25 GB of free Dropbox storage for 12 months from date of registration. For complete details and terms of use, including cancellation policies, visit the Dropbox website at <https://www.dropbox.com/help/space/hp-promotion>. Internet service required and not included.

² Internet access required and not included. McAfee is pre-installed on your PC and an account is required for activation. Subscription renewal required after trial period. VPN feature is not available in India, China, Syria or North Korea. McAfee is not compatible with Windows 11 in S mode. You'll need to permanently switch out of S mode. There's no charge to switch out of S mode, but you won't be able to turn it back on.

³ MobileMark 25 Battery life will vary depending on various factors including product model, configuration, loaded applications, features, use, wireless functionality, and power management settings. The maximum capacity of the battery will naturally decrease with time and usage. See <https://bapco.com/products/mobilemark-25/> for additional details.

⁵ Recharges your battery up to 50% within 30 minutes when the system is off using "shut down" command, using HP adapter provided with the notebook or recommended power adapter disclosed in specifications (see <http://store.hp.com>). After charging has reached 50% capacity, charging speed will return to normal speed. Charging time may vary +/-10% due to System tolerance. Available on select HP products.

⁶ Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance.

⁷ Intel® Turbo Boost performance varies depending on hardware, software and overall system configuration. See <http://www.intel.com/technology/turboboost/> for more information.

¹⁰ Battery life tested by HP using continuous FHD video playback, 1080p (1920x1080) resolution, 150 nits brightness, system audio level at 17% as image default, player audio level at 100%, played full-screen from local storage, headphone attached or through speaker (if no audio jack port), wireless on but not connected. Actual battery life will vary depending on configuration and maximum capacity will naturally decrease with time and usage.

¹¹ Wi-Fi 6E is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately.

¹² Wi-Fi 6E requires a Wi-Fi 6E router, sold separately, to function in the 6GHz band. Availability of public wireless access points limited. Wi-Fi 6E is backwards compatible with prior 802.11 specs. And available in countries where 6GHz is supported.

¹⁷ All performance specifications represent the typical specifications provided by HP's component manufacturers; actual performance may vary either higher or lower.

¹⁸ Percent of active plus nonactive viewing area to active viewing area plus border. Measure with lid vertical to the desk.

¹⁹ For best results with HP Sleep and Charge, use a USB charging protocol standard cable or cable adapter with an external device.

²³ Actual battery Watt-hours (Wh) will vary from design capacity. Battery capacity will naturally decrease with shelf life, time, usage, environment, temperature, system configuration, loaded apps, features, power management settings and other factors.

²⁴ Must activate within 180 days of Windows activation.

²⁵ Offer available worldwide (excluding China and embargoed countries or other countries identified as restricted by applicable law or regulation) to new and existing subscribers who are 18+. Click on the Adobe icon in the start menu to redeem a 1-month free trial membership for select Adobe software. The software is tied to the device and is not transferrable. If you would like to sign up for an auto-renewing subscription, you can provide your payment method at sign-up. By adding a payment method, your subscription will automatically renew at the then current rate on your renewal date until you cancel. If you cancel before the end of the one-month free trial, you won't be charged. You can cancel your subscription anytime via your Adobe Account page or by contacting Customer Support. Please see current prices for Adobe products available in this offer. Offer not available to Education, OEM, or volume licensing customers. Subject to availability where the recipient resides. Additional terms and conditions may apply. VOID WHERE PROHIBITED OR RESTRICTED BY LAW.

²⁷ Based on U.S. EPEAT® registration according to IEEE 1680.1-2018 EPEAT®. EPEAT® status varies by country. Visit www.epeat.net for more information.

³⁷ Weight and system dimensions may fluctuate due to configuration and manufacturing variances.

³⁸ Percentage of ocean-bound plastic contained in each component varies by product.

⁴⁰ Laptops manufactured with recycled metal material in product cover. Percentage of recycled metal varies by product.

⁴¹ Keyboard components contain post-consumer recycled plastic. Percentage of post consumer recycled contained in each component varies by product.

⁴⁶ Bluetooth® 5.3 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.3 will function as Bluetooth® 5.2 or lower.

⁵⁰ Copilot in Excel requires AutoSave to be enabled, meaning the file must be saved to OneDrive; it doesn't function with unsaved files. Copilot features in Outlook apply to accounts with @outlook.com, @hotmail.com, @live.com, or @msn.com email addresses and are available in Outlook.com, Outlook built into Windows, Outlook on Mac, and iOS and Android apps. AI features only available to Microsoft 365 Family subscription owner and cannot be shared; usage limits apply. Learn more [Learn more Understanding AI credits - Microsoft Support](#). Microsoft Copilot features in Microsoft 365 are not available in China or Macao SAR.

