

ThinkPad T14 Gen 6 (AMD) 21QJ004UMN

PERFORMANCE

- Processor**
AMD Ryzen™ AI 5 PRO 340 (6C / 12T, 2.0 / 4.8GHz, 6MB L2 / 16MB L3)
- AI PC Category**^[1]
Copilot+ PC
- NPU**
Integrated AMD Ryzen™ AI, up to 50 TOPS
- Graphics**
Integrated AMD Radeon™ 840M Graphics
- Chipset**
AMD SoC Platform
- Memory**
1x 16GB SO-DIMM DDR5-5600
- Memory Slots**
Two DDR5 SO-DIMM slots, dual-channel capable
- Max Memory**
Up to 64GB DDR5-5600
- Storage**
512GB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0
- Storage Slot**
One M.2 2280 PCIe® 4.0 x4 slot
- Max Storage Support**^[2]
One drive, up to 2TB M.2 2280 SSD
- Audio Chip**
High Definition (HD) Audio, Realtek® ALC3287 codec
- Speakers**
Stereo speakers, 2W x2, Dolby Audio™
- Microphone**
2x, 360°
- Camera**
5.0MP + IR Discrete with Privacy Shutter
- Battery**
57Wh
- Power Adapter**
65W USB-C® (3-pin)
- DESIGN**
- Display**^[3]
14" WUXGA (1920x1200) IPS 500nits Anti-glare, 100% sRGB, 60Hz, ThinkPad® Privacy Guard, Touch
- Touchscreen**
On-cell, 10-point Multi-touch
- Screen-to-Body Ratio**
85.73%
- Pen**
Pen Not Supported

- Keyboard**
Backlit, Norwegian
- Dimensions (WxDxH)**^[4]
315.9 x 223.7 x 10.9/16.13 (front/rear), 21.95 (maximum) mm;
12.44 x 8.81 x 0.43/0.64 (front/rear), 0.86 (maximum) inches
- Weight**^[5]
Starting at 1.38 kg (3.05 lbs)
- Case Color**
Black
- Case Material**
PC + 20% CF (Top), PC + 20% CF (Bottom)
- SOFTWARE**
- Operating System**
Windows® 11 Pro, Nordic (DK/FI/SV/NO/EN)
- CONNECTIVITY**
- WLAN + Bluetooth**^[6]
MediaTek Wi-Fi® 7 MT7925, 802.11be 2x2 + BT5.4
- WWAN**
WWAN Upgradable to 4G
- Ethernet**
100/1000M (RJ-45)
- Standard Ports**
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
 - 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
 - 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 2.1
 - 1x HDMI® 2.1, up to 4K/60Hz
 - 1x Headphone / microphone combo jack (3.5mm)
 - 1x Ethernet (RJ-45)
- Optional Ports (configured)**
- 1x Smart Card Reader
 - 1x Nano-SIM Card Slot
- Docking**
Various docking solutions supported via Thunderbolt™ / USB-C®.
For more compatible docking solutions, please visit [Docking for ThinkPad® T14 Gen 6 \(AMD\)](#)
- SECURITY & PRIVACY**
- Security Chip**
Discrete TPM 2.0 Enabled
- Physical Locks**
Kensington® Nano Security Slot™, 2.5 x 6 mm
- Smart Card Reader**
Smart Card Reader

- Fingerprint Reader**
Touch Style, Match-on-Chip, Integrated in Power Button
- Other Security**
- Camera privacy shutter (camera models)
 - Ultrasonic Human Presence Detection
 - IR camera for Windows® Hello (facial recognition)
 - ThinkShield
 - Privacy Guard with Privacy Alert (models with ThinkPad® Privacy Guard display)

MANAGEABILITY

- System Management**
DASH

SERVICE

- Base Warranty**
3-year, Courier or Carry-in
- Included Upgrade**
3Y Premier Support HB (CPN), CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

CERTIFICATIONS

- Green Certifications**^[7]
- ENERGY STAR® 9.0
 - EPEAT™ Gold Registered
 - ErP Lot 6/26
 - RoHS compliant
 - TCO Certified, generation 10
- Mil-Spec Test**
MIL-STD-810H military test passed

MODEL

- | | | | |
|------------------------|-----------------|-----------------------|--------------|
| TopSeller | : Yes | Announce Date | : 2025-06-22 |
| EAN / UPC / JAN | : 0198158837149 | End of Support | : 2031-11-22 |



Product image is a sample, it may not match the real color of this model
· Lenovo reserves the right to change specifications without notice.
To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...



ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

40AF0135US

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

Please click [here](#) to view the full list of accessories.

Lenovo

PSREF
Product Specifications
Reference