ThinkBook 14 G7 ARP 21MV00GQMH





The product images are for illustration purposes only. Actual product appearance, ports, keyboard layout, and accessories may vary by model.

- AMD Ryzen 5 7535HS (6C / 12T, 3.3 / 4.55GHz, 3MB L2 / 16MB L3)
- 1x 16GB SODIMM DDR5-4800
- 512GB SSD M.2 2242 PCIe 4.0x4 NVMe
- Integrated AMD Radeon 660M Graphics
- Windows 11 Pro, Benelux (EN/FR/DE/NL)
- Case color - Arctic Grey
- 2Y Depot Upgrade From 1Y Depot WHB(CPN), CO2 Offset 0.5 ton (2nd Gen) TP WHB (CPN)

Premier Support - A direct 24x7x365 line to our most elite technicians.

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Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

Recommended Accessories

United Kingdom



Lenovo Wired VoIP Headset 5000 (Teams)

4XD1R88995



Lenovo Essential Wireless Combo Keyboard & Mouse Gen2 Black-UK English

4X31R64490



Lenovo 16" Laptop Topload T210 Beige (ECO)

GX41W44768



Lenovo 65W Mini USB-C GaN Charger

G0A665WBUK



Lenovo USB 20Gbps USB-C to USB-C Cable 1.5m

4X91U92143



Lenovo 14" Clarity Privacy Filter

4XJ1U03944

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PERFORMANCE

Processor
AMD Ryzen™ 5 7535HS (6C / 12T, 3.3 / 4.55GHz, 3MB L2 / 16MB L3)

Graphics
Integrated AMD Radeon™ 660M Graphics

Chipset
AMD SoC Platform

Memory
1x 16GB SODIMM DDR5-4800

Memory Slots
Two DDR5 SODIMM slots, dual-channel capable

Max Memory[1]
Up to 64GB DDR5-4800

Storage
512GB SSD M.2 2242 PCIe® 4.0x4 NVMe®

Storage Slot
Two M.2 2280 PCIe® 4.0 x4 slots

Max Storage Support[2]
Up to two drives, 2x M.2 SSD • M.2 2280 SSD up to 2TB each

Optical
None

Card Reader
SD Card Reader

Audio Chip
High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers
Stereo speakers, 2W x2, Dolby Audio™

Microphone
2x, Array

Camera
FHD 1080p + IR Hybrid with Privacy Shutter

Battery
45Wh

Power Adapter
65W USB-C® (3-pin)

Special Features
Modern Standby

DESIGN

Display
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC[3]

Touchscreen
None

Screen-to-Body Ratio
90%

Pen
Pen Not Supported

Keyboard
Backlit, English (EU)

Touchpad
Buttonless Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Dimensions (WxDxH)[4]
313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches)

Weight[5]
Starting at 1.38 kg (3.04 lbs)

Case Color
Arctic Grey

Case Material
Aluminium (Top), Aluminium (Bottom)

Surface Treatment
Anodizing Sandblasting

SOFTWARE

Operating System
Windows® 11 Pro, Benelux (EN/FR/DE/NL)

Bundled Software
Office Trial

CONNECTIVITY

WLAN + Bluetooth
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN
WWAN Not Supported

Ethernet
100/1000M (RJ-45)

Standard Ports
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 45-65W and DisplayPort™ 1.4
- 1x USB-C® (USB4® 40Gbps), with USB PD 45-65W and DisplayPort™ 1.4
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x SD card reader

Docking
Various docking solutions supported via USB-C®. For more compatible docking solutions, please visit Docking for ThinkBook® 14 G7 ARP

SECURITY & PRIVACY

Security Chip
Firmware TPM 2.0 Enabled

Physical Locks
Kensington Nano Security Slot™, 2.5 x 6 mm

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Other Security
- Camera privacy shutter
- IR camera for Windows® Hello (facial recognition)

SERVICE

Base Warranty
1-year, Courier or Carry-in

Included Upgrade
2Y Depot Upgrade From 1Y Depot WHB(CPN), CO2 Offset 0.5 ton (2nd Gen) TP WHB (CPN)

ACCESSORIES

Bundled Accessories
None

CERTIFICATIONS

Green Certifications
- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified, generation 9

Mil-Spec Test
MIL-STD-810H military test passed

Other Certifications
TÜV Rheinland® Low Blue Light (Software Solution)

MODEL

TopSeller	: Yes	**EAN / UPC / JAN**	: 199274256319
Announce Date	: 2025-12-11	**End of Support**	: 2030-10-28

Note:
[1] The max memory is based on the technical readiness of the system. Available memory to sell would vary.
[2] The system supports dual SSD via two M.2 slots, but Lenovo offers only one SSD configuration with a second slot for user self-expansion. The max storage capacity is only technical readiness and may be different from current Lenovo storage offerings.
[3] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.
[4] The system dimensions may vary depending on configurations.
[5] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

- Please refer to the official Lenovo store website or contact a local Lenovo sales representative or authorized business partner for current inventory and purchase options.
- Lenovo reserves the right to change specifications without notice.