

ThinkPad T14 Gen 7 (AMD)

In fast-evolving work environments, mobile professionals rely on systems that can seamlessly handle intensive workloads and intelligent computing. Powered by AMD Ryzen AI 7 PRO 400 Series processors and an integrated NPU delivering up to 50 TOPS, this Copilot+ PC accelerates AI-assisted tasks such as data analysis, automation, and content generation. With up to 32GB LPDDR5X memory and 2TB PCIe SSD storage, it efficiently supports large files, multitasking, and complex applications, while Windows 11 Pro or Linux ensures adaptability across development, analytics, and creative workflows.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

Collaboration becomes more immersive with advanced audio-visual capabilities designed for modern communication needs. A 5MP IR camera with privacy shutter, Dolby Atmos speakers, and AI-enhanced microphones ensure clarity during meetings, while Wi-Fi 7 and optional 5G connectivity enable uninterrupted access to distributed teams and cloud platforms.

Portability meets durability through a lightweight 1.09 kg design, versatile 14-inch display options, and a reliable 58Wh battery with Rapid Charge, while ThinkShield security features protect sensitive data, supporting professionals operating across dynamic, high-mobility business environments.

Collaboration feels more natural with a high-resolution 5.0MP camera, enhanced by temporal noise reduction and a privacy shutter, while Dolby Atmos speakers and a 360° dual-microphone array ensure clear communication during virtual meetings.

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Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Thinkpad Essential 13"/14" Slim Toploaded (Eco)



- A generous padded 13"/14" compartment to safely store and transport your notebook.
- An adjustable ergonomic shoulder strap with soft-padded carry handles.
- Classic black nylon exterior, grey interior lining, and sprinkling of red accents.

PN: 4X41D97727

Lenovo Essential Wireless Combo Keyboard & Mouse Gen 2



- Embrace the freedom of a clutter-free and cable-free work setup.
- Ergonomically sculpted cups and low-profile island keys for maximum comfort.
- A 2.4 MHz receiver for a seamless keyboard and mouse connection.

PN: 4X31N50708 – 4X31N50757

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Performance

Processor
AMD Ryzen AI 5 / 7 PRO 400 Series Processor - Gorgon Point
AMD Ryzen 5 / 7 PRO 200 Series Processor - Hawk Point

AI PC Category*
Copilot+ PC (Gorgon Point)
AI PC (Hawk Point)

Operating System*
Windows 11 Pro or Home
Fedora or Ubuntu Linux

NPU*
Integrated AMD Ryzen AI, up to 50 TOPS

Graphics
AMD Radeon 740M
AMD Radeon 760M
AMD Radeon 780M
AMD Radeon 840M
AMD Radeon 860M

Memory
Hawk Point: up to 64GB DDR5-5600
Gorgon Point: up to 96GB DDR5-5600

Storage
Gorgon Point: one drive, up to 2TB M.2 2280 SSD
Hawk Point: one drive, up to 1TB M.2 2280 SSD

Audio
High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Atmos
Dual-microphone array, 360° far-field, Dolby Voice*

Camera*
5.0MP, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, vHDR, CV on ISP, temporal noise reduction

Battery
60Wh or 75Wh battery, up to 18.93 hr, Rapid Charge

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C nano GaN adapter, PD 3.0
65W USB-C slim GaN adapter, PD 3.0
100W USB-C slim adapter, PD 3.0
100W dual-port USB-C GaN adapter, PD 3.0

Design

Display
14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC, 3M DBEF5
- 500nits, 100% sRGB, in-cell touch, low power, Eyesafe
- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard, Eyesafe
14" 2.8K (2880x1800) OLED Anti-glare 16:10
- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True Black 1000, Dolby Vision, Eyesafe

Screen-to-Body Ratio
87.49%

Keyboard
6-row, spill-resistant, Copilot key, optional backlight

Touchpad
TrackPoint and glass-like Mylar surface 3-button Trackpad
74.3 x 115 mm (2.93 x 4.53 inches)

Dimensions
Starting at 313.6 x 221.7 x 11.3/15.88 (front/rear), 21.95 (maximum) mm
12.35 x 8.73 x 0.44/0.63 (front/rear), 0.86 (maximum) inches

Weight
Starting at 1.28 kg (2.82 lbs)

Color
Black
Blue

Case material
WLAN models: PC + 20% CF (top), PC + 20% CF (bottom)
WWAN models: PC + 20% CF (top), PC + 40% GF (bottom)

Connectivity

Ethernet
Gigabit onboard Ethernet

WLAN + Bluetooth*
MediaTek Wi-Fi 7 MT7925, 802.11be, Bluetooth 5.4

WWAN*
4G LTE CAT6 with embedded eSIM
5G Sub-6 GHz with embedded eSIM

NFC
Near Field Communication*

Ports
1x USB-A (USB 5Gbps)
1x USB-A (USB 5Gbps), Always On
2x Thunderbolt 4, with USB PD 15-100W & DP 2.1 (Gorgon Point) / DP 1.4a (Hawk Point)
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Ethernet (RJ-45)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking
Docking support via Thunderbolt / USB-C

Security & Privacy

Security
ThinkShield
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter*
IR camera for Windows Hello (facial recognition)*
Computer Vision-based User Presence Sensing*
Privacy Guard with Privacy Alert*

Manageability

System Management*
DASH

Environmental

Material
Top cover: PC/GF (50%) + PC/CF (20%)
Keyboard frame: 90% recycled magnesium
Bottom cover: PC/CF 30% PCC (WLAN models) or PC/GF 45% PCC (WWAN models)
Keyboard (keycaps): 85% PCC Plastic
Keyboard (Frame): 65% PCC
Keyboard (base plate): 90% recycled stainless steel
Speaker enclosure: 90% PCC recycled plastic
Battery: 100% recycled cobalt
Battery frame: 90% PCC recycled plastic
Adapter: 90% PCC recycled plastic
Cable/antenna holders: 30% PCC+5% Lenovo closed-loop PCC
Fan housing: 25% PCC plastic, 90% Recycled steel
Packaging: Plastic-free packaging with FSC-certified paper

Certifications

Green Certifications
ENERGY STAR 9.0
EPEAT Gold Registered
ErP Lot 6/26
TCO Certified, generation 10
RoHS compliant

Other Certifications
Eyesafe Certified 2.0*
MIL-STD-810H

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2026 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.