

Wake-up Light

- Sunrise Simulation
- 3 natural sounds
- FM radio and Reading lamp

HF3510/01

Wake up naturally

with a Wake-up Light that gradually wakes you up

Inspired by nature's sunrise the Philips Wake-up Light uses a unique combination of light therapy and sound to wake you in a more natural way. Making it easier to get out of bed, ready for the day ahead

Benefits

Natural light wakes you gradually

- Sunrise Simulation wakes you gradually
- Dimming light and sound gently send you off to sleep
- 20 brightness settings to fit your personal preference

Natural sounds wake you gently

- Choice of 3 different natural wake up sounds
- FM radio lets you wake up with your favourite radio show

Naturally proven to work

- The only Wake-up Light clinically proven to work
- Developed by Philips, experts in light for over 100 years.
- 92% of users agree that it is easier to get out of bed



Features

Sunrise Simulation



Inspired by nature's sunrise, light gradually increases within 30 minutes until your room is filled with bright yellow light. This process of changing an increasing light stimulates your body to wake up naturally. By the time light has filled the room your chosen natural sound completes the wake up experience, leaving you ready for the day ahead.

3 natural sounds



At your set wake up time natural sound will play to complete the wake up experience and ensure you are awake. The selected sound gradually increases in volume to your selected level within one and a half minutes. There are three natural sounds you can choose from: Bird Song, Birds in the forest and Zen Garden.

FM Radio



Listen to your favourite radio show while you are waking up.

Sunset Simulation



Sunset simulation is a light therapy used before you go to sleep. Sunset simulation prepares your body to fall asleep by gradually decreasing light and sound to your set duration.

Proven by scientists



At this moment in time the Philips wake-up light is the only one scientifically proven to work. In order to make the Wake-up Light the best possible product it can be in genuinely waking you up naturally and energised we have done a lot of clinical research. This research was conducted by independent science facilities to study and prove the effects of the wake-up light on the overall wake-up experience. This way we have proven, among other things, that the Philips Wake-up Light not only wakes you more naturally, but also more energised and that it improves your mood in the morning.

Developed by Philips



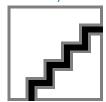
Philips was founded over 100 years ago as a company that produced and sold light bulbs. Over 100 years Philips grew into a global company that brings innovation in lots of different areas. To this day lighting still is the soul of Philips. The Wake-up Light is proud to continue its heritage by building on years of knowledge and expertise of the world's most well-known lighting expert.

Light Settings



Sensitivity to light differs from person to person. In general, when using a higher light intensity a person needs less time to become fully awake. The 20 light intensities of the Wake-up light can be personalised and even be set to up to 300 lux.

Preferred by consumers



Independent research* shows that 92% of Philips Wake-up light users find it is easier to get out of bed (Metrixlab 2011, N=209)

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Easy to use

Anti-slip rubber feet Snooze type Display brightness control Yes Snooze button 4 settings In-store demo function Number of alarm times

Snooze button for sound

9 minute(s)

Yes

Charges iPhone/iPod No Touch No

Controlled by iPhone/iPod App Weight and dimensions

Country of origin Power Plug weight China 99 grams

Product dimensions 19.2 (height) x 19.9 (diameter) x 14.6 (depth) cm

Product weight 0.813 kg

Sound

FM radio Yes Number of Wake-up Sounds Music from smart-No phone/iPod

Not for general illu-

UV-free

mination

Safety and Regulations

Not for general illumination

To wake up with light To wake up with light **UV-free**

Well-being by light

Increase alertness Yes Drift to sleep natu-Yes rally Wake up naturally Yes Wake-up gradually Yes Packaging dimensions

Height 25.50 cm Width 25.50 cm Depth 16.00 cm Net weight 1.08 kg 1.47 kg 08710103578093 Gross weight EAN

Number of products

included

Country of origin Harmonised Systems

852792

Code

Natural light

Brightness settings 20 Coloured sunrise No, Plain yellow

simulation 300 Lux Light intensity Sunset simulation Yes

Outer Carton

Length 50.50 cm Width 27.50 cm Height 28.80 cm Gross weight

5.35 kg 18710103578090 EAN

Number of consumer

packages

Technical specifications

Cord length 150 cm 50/60 Hz Frequency Insulation Class III Class II (double isolation)

Insulation Power plug Power 16.5 W Power Output 12 W

Adapter

Type of lamps Lumiled Luxeon Rebel

Voltage 100/240 V

data subject to change 2016, December 9

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