



Wake-up Light

HF3550/60

Wake up naturally

Inspired by nature's sunrise a unique combination of light therapy and sound wakes you in a more natural way.

Benefits

Natural light wakes you gradually

- Coloured Sunrise Simulation wakes you naturally
- Dimming light gently sends you off to sleep

Naturally designed around you

- Just tap the product to snooze
- Display automatically dims itself when the bedroom gets dark

Naturally proven to work

- The only Wake-up Light clinically proven to work
- 92% of users agree that it is easier to get out of bed

Features

Coloured Sunrise Simulation



Inspired by nature's sunrise, light gradually increases within 30 minutes from soft morning red through orange until your room is filled with bright yellow light. This process of changing an increasing light stimulates your body to wake

up naturally. By the time light has filled the room your chosen natural sound completes the wake up experience, leaving you ready for the day ahead.

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Sunset Simulation



Sunset simulation is a light therapy used before you go to sleep. Sunset simulation prepares your body to fall asleep by gradually decreasing light to your set duration.

Tap Snooze



A slight tap anywhere on the Wake-up light, sets the snooze mode. After 9 minutes the sound will gently start playing again.

Intuitive Dimming Display



The display brightness intuitively adjusts itself: it brightens in a light filled room to remain legible and dims itself in a dark room to not disturb your rest.

Proven by scientists



At this moment in time the Philips wake-up light is the only one scientifically proven to work. In order to make the Wake-up Light the best possible product it can be in genuinely waking you up naturally and energized we have done a lot of clinical research. This research was conducted by independent science facilities to study and prove the effects of the wake-up light on the overall wake up experience. This way we have proven, among other things, that the Philips Wake-up Light not only wakes you more naturally, but also more energized and that it improves your mood in the morning.

Preferred by consumers



Independent research* shows that 92% of Philips Wake-up light users find it is easier to get out of bed (Metrixlab 2011, N=209)

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Easy to use

Anti-slip rubber feet	Yes
Snooze type	Smart snooze
Display brightness control	Self adjusting
Instore demo function	Yes
Number of alarm times	10
Snooze button for sound	Adjustable
Charges iPhone/ iPod Touch	Yes

Weight and dimensions

Product dimensions	19.2 (height) x 19.9 (diameter) x14.6 (depth) cm
Product weight	1.254 (including dock) kg
Country of origin	China
Power Plug weight	109 gram

Technical specifications

Power	24 W
Voltage	100/240 V
Frequency	50/60 Hz
Cord length	150 cm
Type of lamps	Lumiled Luxeon Rebel
Insulation	Class III
Insulation Powerplug	Class II (double isolation)
Power Output Adapter	18W

Sound

Number of Wake-up Sounds	8
Music from smart-phone / iPod	Yes

Well-being by light

Increase alertness	Yes
Drift to sleep naturally	Yes
Wake-up gradually	Yes
Wake up naturally	Yes

Natural light

Brightness settings	20
Colored sunrise simulation	Yes. Red, to orange to yellow
Light intensity	300 Lux
Sunrise simulating process	adjustable 20-40 minutes
Sunset simulation	Yes

Safety and Regulations

Not for general illumination	Not for general illumination
To wake up with light UV-free	To wake up with light UV-free



data subject to change
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