



Designed with you in mind!

## R-Go HE Mouse

A mouse for every hand.



### With integrated break indicator

The LED colour signals in the mouse indicate how healthy you are working and when it is time for a break. The mouse stimulates you to take breaks on a frequent basis.



### Vertical grip

Ergonomic round shape for a comfortable grip with less muscle strain. The natural vertical position stimulates healthy mouse movements from your arm.



S: <165 mm  
M: 165-185 mm  
L: >185 mm

### Available in different sizes

Our mice are available for left- and right-hand users and in different sizes. A mouse for every hand! Measure your hand to discover your size.




# R-Go HE Break mouse


## The intelligent ergonomic mouse with personal break coach

Short breaks during your working day are vital for your health! Micro breaks prevent overloading of small muscles and tendons and improve your blood flow and concentration. Because breaks are often forgotten when you are focused at work, we've developed a break tool that reminds you to interrupt your work on time.

The patented R-Go Break software uses colour signals to indicate when it's time to take a break. During mouse usage, the light changes colour, like a traffic light:

 Green: you are working healthily!

 Orange: time for a break

 Red: you've missed a break

This way you will get positive feedback about your break behaviour. Download the **R-Go Break software** ([www.r-go-break.com](http://www.r-go-break.com)).



Time for a break



You've missed a break



## We care for our environment

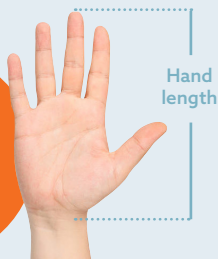
We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum certificate**.

- ✓ All plastic and aluminium used for our mice is 100% recycled.
- ✓ Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

## R-Go HE mouse assortment

### Choose your mouse size!

S: <165 mm  
M: 165-185 mm  
L: >185 mm



### R-Go HE Break

### R-Go HE Basic

		Small (S)	Medium (M)	Large (L)	Medium (M)
Wired	Right	•	RGOHE	RGOHELA	•
	Left	•	RGOHELE	RGOHELELA <sup>(3)</sup>	•
Wireless	Right	RGOHBRSWLBL <sup>(1)</sup>	RGOHEWL <sup>(1)</sup>	RGOHELAWL <sup>(1)</sup>	RGOHEBAMRWL <sup>(1)(3)</sup>
	Left	•	RGOHEWLL <sup>(1)</sup>	RGOHELELAWL <sup>(2)(3)</sup>	•

<sup>(1)</sup> Bluetooth 5.0

<sup>(2)</sup> 2.4 GHz

<sup>(3)</sup> No silent click

Stay in touch

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