

health app

- Measure key body metrics
- Monitor progress and set goals
- Motivated with daily insights

APP101/01

Healthy habits for life

Step-by-step guidance to healthy living

The Philips health app helps you change your habits at your own pace. View key body measurements from our range of connected health devices and monitor them over time. Receive motivational messages to help you reach your personal goals.

Benefits

Start measuring

- Continuous health tracking
- Track your key body vitals over time

Keep monitoring

- Set personalized goals
- Get a deeper understanding of your data

Stay motivated

- Receive personalized guidance to keep you engaged
- Get a deeper understanding of your habits

PHILIPS

Features

Philips health watch



The Philips health watch empowers you to live a healthier life by tracking heart rate and other metrics of your cardio condition, as well as activity, sleep and more. Get personalized guidance with the Philips HealthSuite health app.

Connected health devices



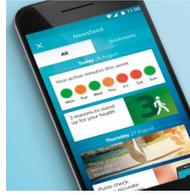
The range of Philips connected health devices tracks key body vitals such as systolic & diastolic blood pressure, body weight with body composition analysis, and core body temperature. Pair with the Philips HealthSuite health app and conveniently track and review all your measurements over time.

Goal setting



Receive instant feedback and new insights based on your personal goals and begin to understand the effects of your choices on your lifestyle.

Personalized guidance



Step by step guidance with daily insights, education and support to keep you motivated to achieve personal goals.

Understand your data



Monitor your progress through the easy-to-use dashboard and find out how your body measurements compare to recommended ranges.

Understand your habits



Stay motivated through a deeper understanding of your habits to change your health for life.

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Syncing

Phone compatibility
Data transfer technology

iOS9.3+(iPhone5+)/Android4.4+
Bluetooth®

Requires Philips device

Connected health devices



data subject to change
2017, August 4

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UPC:

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