



Philips
energy light

HF3320/01

Feel more energetic

Energy throughout the day, in a natural way

The Philips goLITE BLU is a compact and portable energy light which produces blue light like a clear summer sky. This particular light therapy is known to naturally help increase your energy levels whenever you need it and help fight winter blues.

Benefits

Increases energy levels and fights winter blues

- Uses specific blue light like a clear sunny sky
- Helps to alleviate the symptoms of the winter blues
- Helps to increase energy levels

Comfortable, convenient and easy to use

- Use for just 15-45 minutes each day to experience results
- Easy control of timer and intensity
- Extra durable LED lights

- 100% UV-free blue light

Proven benefits

- Independent research shows improved energy levels with users
- Clinically proven* to improve mood and energy
- 100 years of Philips expertise in light technology

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Features

Natural blue light



goLITE BLU energy light produces a particular kind of pure blue light that occurs naturally on very sunny, clear days. Special receptors in the eyes absorb this blue light, which makes you feel energetic whenever you need it.

Fights the winter blues



In countries with long winters, many people experience loss of energy and low spirits due to lack of light. These symptoms are referred to as the winter blues. They typically start in autumn and may last for several weeks. Philips goLITE BLU is a simple and natural way to alleviate these symptoms and restore your summer mood and energy level.

Increases energy levels



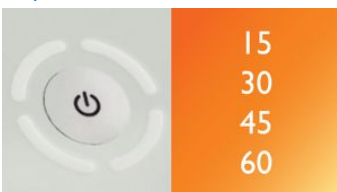
Our busy lifestyles demand a lot from us and we want to be at our best both during work and private time. Sometimes we experience low moments or dips during the day. Using the goLITE BLU energy light at any time of day will help you to increase your energy levels and alertness in a natural way.

Use for 15-45 minutes per day



Place goLITE BLU in your field of vision—no need to look directly into the light. Using the goLITE BLU energy light for at least 15 minutes naturally improves your mood and energy level whenever you need it. Using it for longer is absolutely safe. Regular use every morning during the winter months will help to alleviate symptoms of the winter blues.

Simple timer and dimmer



Set the timer according to your needs to 15, 30, 45, 60 minutes and choose the right brightness from the three levels by using the dimmer.

Long lasting LEDs



The durable LED lights in the goLITE BLU energy light can be used for 30 minutes a day for 50 years, without losing efficacy.

UV-free



The pure, blue light increases your energy naturally, like on a sunny day, but without the UV rays associated with sunlight.

Improved energy levels



Independent research shows that 70% felt their energy levels improved after using for 2 weeks. Bzz Agent UK 2011; n = 823

Clinically proven*



Clinically proven* to fight winter blues and increase energy levels.

Philips expertise



Brought to you by Philips, who has over 100 years of leadership in light therapy technology.

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Well-being by light

Fight the winter blues	Yes
Increase energy level	Yes
Increase alertness	Yes

Complies to IEC 60601-1 Ed. 3	Yes
Not for general illumination	Yes
UV-free	No UV or near UV radiation

Comfortable light

Specific blue light	Yes
Light Intensity dimmer	Yes, 3 levels
Advanced diffusion optics	Yes
Wide treatment field	Yes

Technical specifications

Power	5.4 W
Voltage	100–240 V
Frequency	50/60 Hz
Insulation	Class II (double insulation)
Type of lamps	LED
Lifetime of lamps	10,000 hour(s)
Cord length	150 cm

Easy to use

On/off button	Yes
Treatment timer	15, 30, 45, 60 min

Weight and dimensions

Product dimensions	14 x 14 x 2.5 cm
Product weight	0.3 kg
Box dimensions (W x H x D)	17 x 18 x 10.5 cm
Box weight	0.5 kg
Master carton	2

Portable

Small, compact design	Yes
Corded use only	Yes

Medical appliance

Medical Device Directive	2007/47/EC MDD 93/42/EEC
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Logistic data

Country of origin	China
CTV code	884332001

Safety and Regulations

CE 0344 Certified	Yes
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* Anderson, J. et al. Acta Psychiatr Scand 2009 120: 203-12



data subject to change
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