Jabra

Elite 7 Active

Jabra GN

User manual

GN Making Life Sound Better

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Made in China

MODEL: OTE140R / OTE140L / CPB140

Declaration of Conformity can be found on www.jabra.com/doc

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1. Welcome

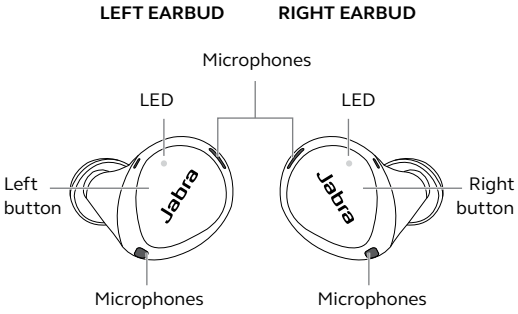
Thank you for using the Jabra Elite 7 Active. We hope you will enjoy it!

Jabra Elite 7 Active features

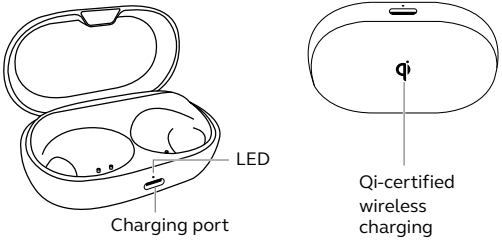
- Ultimate workout fit with ShakeGrip™
- IP57-rated sweatproof protection
- Rich, powerful, personalized sound
- Adjustable Active Noise Cancellation (ANC) & HearThrough
- Up to 8 hours of battery, 30 with the case

2. Jabra Elite 7 Active overview

Jabra Elite 7 Active

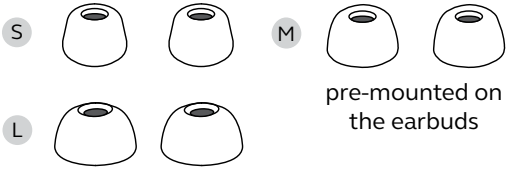


Wireless charging case

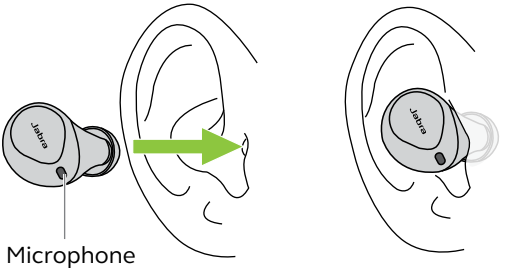


2.1 Included accessories

EarGels



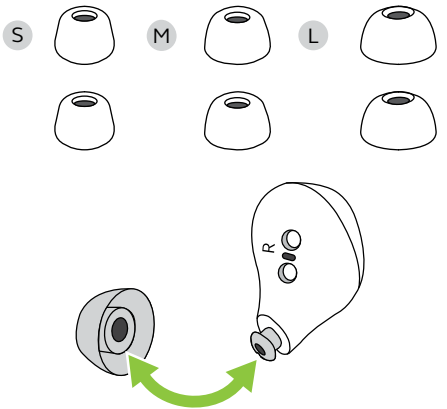
3. How to wear



Insert each earbud into your ear and ensure the microphones are pointed towards your mouth.

3.1 Changing EarGels

For the optimal audio and ANC experience, it is recommended to take the MyFit test in the Sound+ app to ensure you have the best fit. If you don't have a good fit, try a different eargel size. The fit should feel light and comfortable and you may need a different size EarGel for each ear. The medium EarGels are pre-mounted on the earbuds.



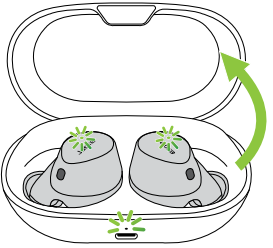
4. How to charge

Get up to 8 hours on a single charge with ANC on, with a total charge of up to 30 hours with the charging case. If you use the earbuds without ANC and HearThrough, you'll get even more battery, with up to 10 hours in the earbuds and a total of 35 hours with the charging case.

4.1 Charging the earbuds

Place the earbuds in the charging case and close the lid. It takes up to 2.5 hours to fully recharge the earbuds.

When the charging case is opened, the LEDs on the earbuds will light up red, yellow or green to indicate the battery status of the earbuds. The LED on the front of the charging case indicates the battery status of the charging case.



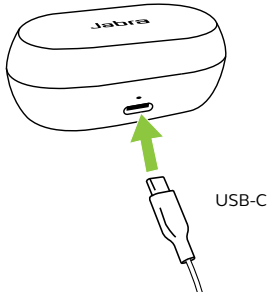
4.2 Fast charge the earbuds

When the earbuds are at low battery, placing them in the charging case for 5 minutes will fast charge the earbuds and give up to 1 hour of battery. Fast charging the earbuds requires that the charging case has a minimum of 30% battery.

You can see the current battery status of the earbuds and charging case using the Jabra Sound+ app.

4.3 Charging the charging case using USB

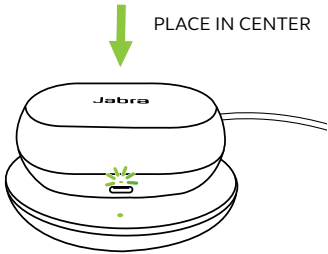
It takes up to 2 hours and 30 minutes to fully charge the earbuds and the charging case using a USB-C charging cable.



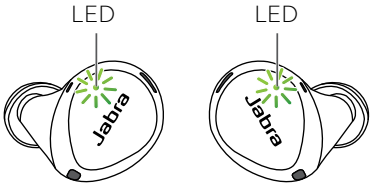
The charging case uses the standard USB voltage of 5V +- 0.25V. It is not recommended to charge the earbuds using a power supply with a higher voltage.

4.4 Charging the charging case using the Jabra wireless charging pad

The charging case is Qi-certified. Place the charging case in the center of the Jabra wireless charging pad. The LED on the charging case will flash to indicate the charging case is placed correctly. It takes up to 2 hours and 30 minutes to fully charge the earbuds and the charging case.

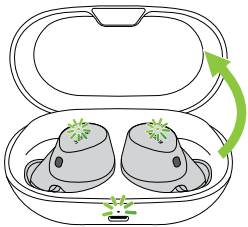


5. What the LEDs mean



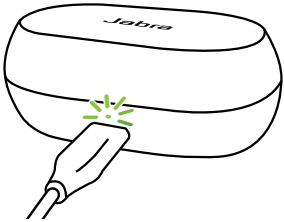
EARBUD STATUS

- High battery
- Medium battery
- Low battery
- Power on
- Power off
- Pairing
- Resetting



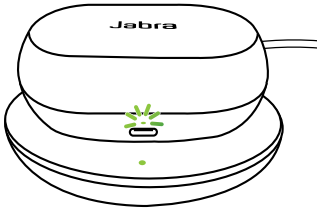
BATTERY STATUS WHEN OPENING CHARGING CASE

- High battery
- Medium battery
- Low battery
- Critically low battery (earbuds not charging)



CHARGING CASE STATUS WITH USB CABLE

- High battery
- Medium battery
- Low battery
- Fully charged
- Firmware updating
- Firmware update error (see Section 7.16)



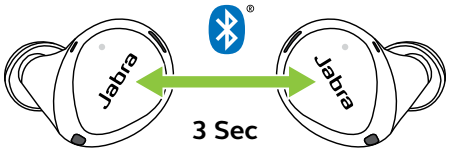
CHARGING CASE STATUS WITH WIRELESS CHARGING PAD

- High battery
- Medium battery
- Low battery
- Firmware updating
- Firmware update error (see Section 7.16)

Note: When fully charged, the LEDs on the charging case and wireless charging pad will turn off.

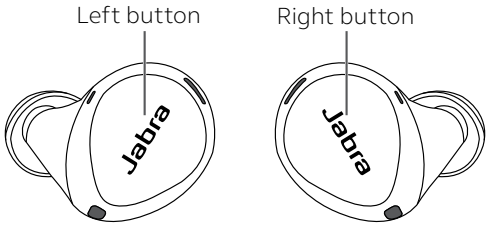
6. How to pair

6.1 Pairing with a mobile device



1. Power on the earbuds by removing them from the charging case. Alternatively, press the **Left** and **Right** buttons simultaneously to power the earbuds on.
2. Press and hold (3 sec) the **Left** and **Right** buttons simultaneously until the earbud LEDs flash blue. The earbuds will now be ready to pair to your phone.
3. Wear the earbuds and follow the voice-guided pairing instructions to pair to your mobile device.

7. How to use



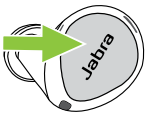
7.1 Power the earbuds off/on

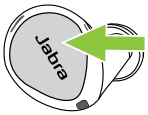
To power off the earbuds, place them in the charging case.

To power on the earbuds, remove them from the charging case.

Alternatively, the earbuds can be manually powered off by pressing the **Left** and **Right** buttons on the earbuds simultaneously. To power on, press and hold (1 sec) the **Left** or **Right** buttons to power on each earbud individually.

7.2 Music controls

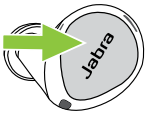


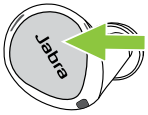


Left earbud	Function	Right earbud
	Play/pause music	Press the **Right** button when not on a call
	Volume up	Press and hold the **Right** button
Press and hold the **Left** button	Volume down	
	Next track	Double-press the **Right** button when listening to music
	Restart track or previous track	Triple-press the **Right** button when listening to music Repeat to skip to the previous track

All button functions can be reassigned using MyControls in the Jabra Sound+ app.

7.3 Call controls

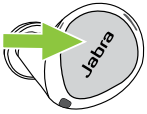


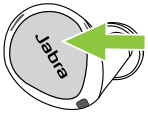


Left earbud	Function	Right earbud
Press the **Left** or **Right** button	Answer call	Press the **Left** or **Right** button
Double-press the **Left** or **Right** button	End/Reject call	Double-press the **Left** or **Right** button
Press the **Left** or **Right** button	Mute/unmute microphone	Press the **Left** or **Right** button
	Volume up	Press and hold the **Right** button
Press and hold the **Left** button	Volume down	

All button functions can be reassigned using MyControls in the Jabra Sound+ app.

7.4 ANC, HearThrough and Voice assistant controls





Left earbud	Function	Right earbud
Press the **Left** button when not on a call	Cycle between HearThrough, ANC* and Off	
Double-press the **Left** button when not on a call	Activate Voice assistant (Siri, Google Assistant, Amazon Alexa)	

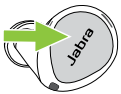
All button functions can be reassigned using MyControls in the Jabra Sound+ app.

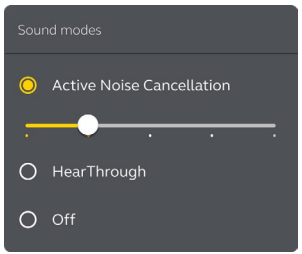
*ANC must first be configured using the Jabra Sound+ app.

7.5 Adjustable Noise Cancellation (ANC)

Active Noise Cancellation (ANC) counters noise by detecting and analyzing the pattern of incoming sound and then generating an anti-noise signal to cancel noise out. As a result, you experience a reduced level of surrounding noise during music.

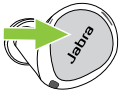
Adjustable ANC must first be configured to your specific hearing profile using the Jabra Sound+ app before it can be used.

Left button	ANC	
	Cycle between HearThrough, ANC and Off	Press the **Left** button when not on a call

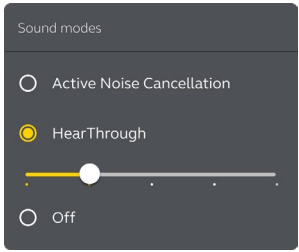


7.6 HearThrough

HearThrough lets you pay attention to your surroundings and engage in conversation, when not on a call, without needing to remove the earbuds. The microphones pick up surrounding sounds and transmit them to the speakers.

Left button	HearThrough	
	Cycle between HearThrough, ANC* and Off	Press the **Left** button when not on a call

HearThrough can be adjusted using the Jabra Sound+ app.

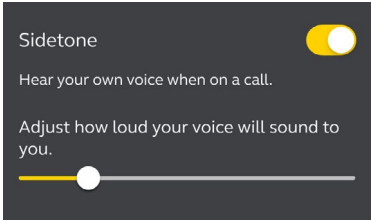


*ANC must first be configured using the Jabra Sound+ app.

7.7 Sidetone

Sidetone enables you to hear your own voice when you are on a call. The benefit of Sidetone is that it enables you to determine how loud you are speaking.

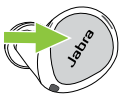
Sidetone is on by default during calls and can be turned on/off using the Jabra Sound+ app.



By default, Sidetone on/off cannot be controlled using the earbuds. However, it can be added to the earbuds using MyControls in the Jabra Sound+ app.

7.8 Mono earbud use

The right or left earbud can be used individually for music playback or for calls. To activate mono earbud mode, place the unused earbud into the charging case.

Left button	Left earbud only	
	Cycle between HearThrough, ANC* and Off	Press the **Left** button when listening to music
	Answer call	Press the **Left** button
	End/Reject call	Double-press the **Left** button
	Mute/unmute microphone	Press the **Left** button when on a call
	Activate Voice assistant	Double-press the **Left** button when not on a call
	Adjust volume	Use the volume controls on the connected mobile device

*ANC must first be configured using the Jabra Sound+ app.

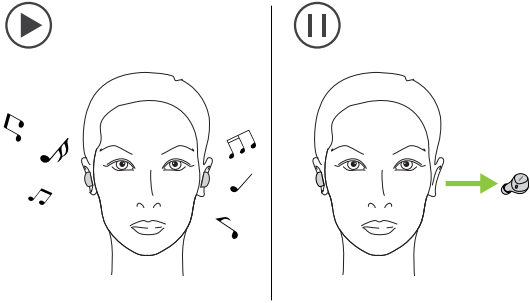
Right button	Right earbud only	
	Play/pause music	Press the **Right** button when listening to music
	Answer call	Press the **Right** button
	End/Reject call	Double-press the **Right** button
	Mute/unmute microphone	Press the **Right** button when on a call
	Next track	Double-press the **Right** button when listening to music
	Restart track or previous track	Triple-press the **Right** button when listening to music Repeat to skip to the previous track
	Adjust volume	Use the volume controls on the connected mobile device

The left and right earbuds will automatically relink when both are placed in your ears.

7.9 Auto-pause music and calls

When one of the earbuds is removed from your ear, music will automatically pause.

To resume the music, return the earbud to your ear within 60 seconds. After 60 seconds, the music can be manually resumed by pressing the **Right** button.

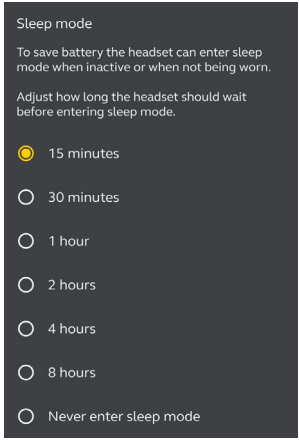


7.10 Sleep mode

To conserve battery, the earbuds will automatically power off when they are out of range of your mobile device for 15 minutes and are not in the charging case, or when they have been inactive for 30 minutes.

To exit sleep mode, press and hold (1 sec) the button on each earbud. Alternatively, place the earbuds in the charging case and then remove them from the charging case.

Sleep mode can be configured in the Jabra Sound+ app.



7.11 MyControls

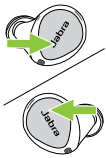
MyControls is a feature in the Jabra Sound+ app that enables you to reassign any function to each of the earbud buttons, offering you the flexibility to configure the earbuds precisely to your personal preference.

By default, the functions listed below cannot be controlled using the earbuds, however these functions can be added to the earbuds using MyControls in the Jabra Sound+ app.

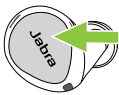
- Sidetone on/off
- Hold current call and answer incoming call
- Switch between held call and current call

7.12 Multiple call handling

The earbuds can accept and handle multiple calls at the same time.

	Multiple call handling	
	End current call and answer incoming call	Press the **Left** or **Right** button
	Reject incoming call, when on a call	Double-press the **Left** or **Right** button

7.13 Voice assistant

Right button	Voice assistant	
	Activate Siri, Google Assistant, Amazon Alexa (device dependent)	Double-press the **Left** button when not on a call

Voice assistant settings can be configured using the Jabra Sound+ app.

7.14 Voice guidance and languages

Voice guidance can be turned on/off and the language can be changed using the Jabra Sound+ app.

The following languages are available: English, French, German, Japanese, Mandarin Chinese, Korean.

7.15 Update firmware

The Jabra Elite 7 Active can be updated to the latest firmware version using the Jabra Sound+ app.

If notifications are enabled in the Jabra Sound+ app, you will receive an automatic notification when a firmware update is available.

If an error occurs during the firmware update, the LED on the charging case will flash red. To complete the update, connect the charging case to a power supply, remove the earbuds from the charging case and then place the earbuds back in the charging case and close the lid. The firmware update will restart.

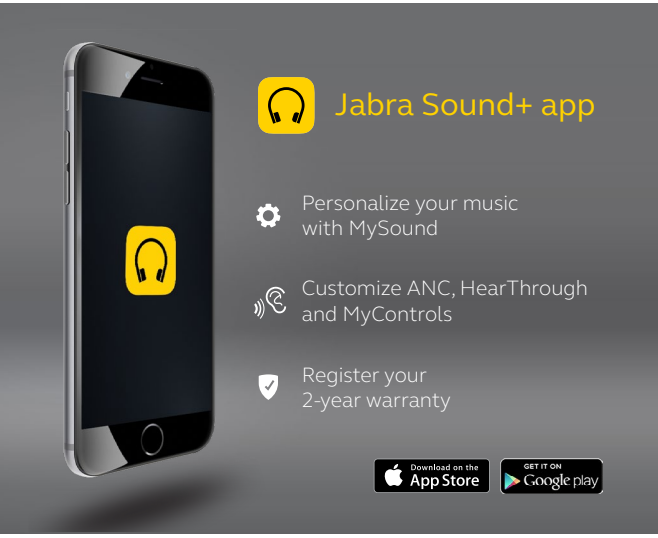
7.16 Reset the earbuds

Resetting the earbuds clears the list of paired devices and resets all settings.

1. Place both earbuds in the charging case.
2. Press and hold (10 sec) the **Left** and **Right** buttons on the earbuds simultaneously until the LEDs on the earbuds flash pink.
3. Close the lid of the charging case for 5 seconds to complete the reset.

The earbuds will need to be re-paired to your mobile device. Remember to delete/forget the pairing in the Bluetooth menu on your mobile device.

8. Jabra Sound+ app



9. Support

9.1 FAQ

View the FAQs on Jabra.com/help/elite7

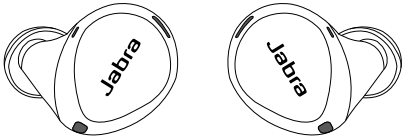
9.2 How to care for your earbuds

- Always store the earbuds in the charging case and safely protected.
- To prevent the depletion of the battery lifetime or capacity, avoid storing the earbuds in hot or cold environments, such as a closed car in summer, or in winter conditions.
- It is recommended to store the earbuds between -20°C and 45°C (-4°F and 113°F).
- Do not store the earbuds for extended periods of time without recharging them (max. three months).
- If the earbuds or the charging case become dirty, it is recommended to clean them with a soft, lint-free cloth that has been dampened with clean water.
- The charging case uses the standard USB voltage of 5v +- 0.25v. It is not recommended to charge the earbuds using a power supply with a higher voltage.

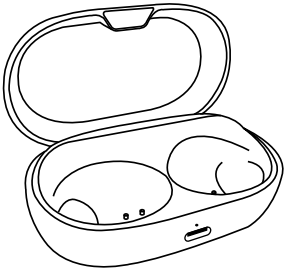
9.3 Replacement accessories

Replacement or additional accessories can be purchased online at jabra.com/accessories.

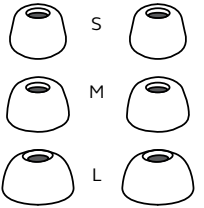
Left and right earbud set



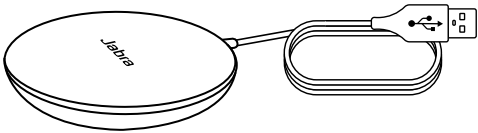
Charging case



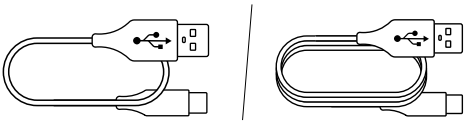
EarGels



Jabra wireless charging pad



USB charging cables



0.3 m

1.2 m

9.4 Using replacement earbuds

1. Place the replacement earbuds into the charging case and close the lid.
2. Open the charging case lid and remove the earbuds.
3. Wear the earbuds and follow the voice instructions to pair to your mobile device.
4. Update the earbud firmware using the Jabra Sound+ app.

9.5 Using a replacement charging case

Before using a replacement charging case for the first time, it will need to be synced with your current earbuds and charged for 1 hour.

To begin syncing, place your current earbuds inside the replacement charging case and close the lid for 10 seconds. If the LED on the charging case flashes pink this indicates that the firmware is being updated. Please wait until the LED stops flashing pink before opening the charging case.